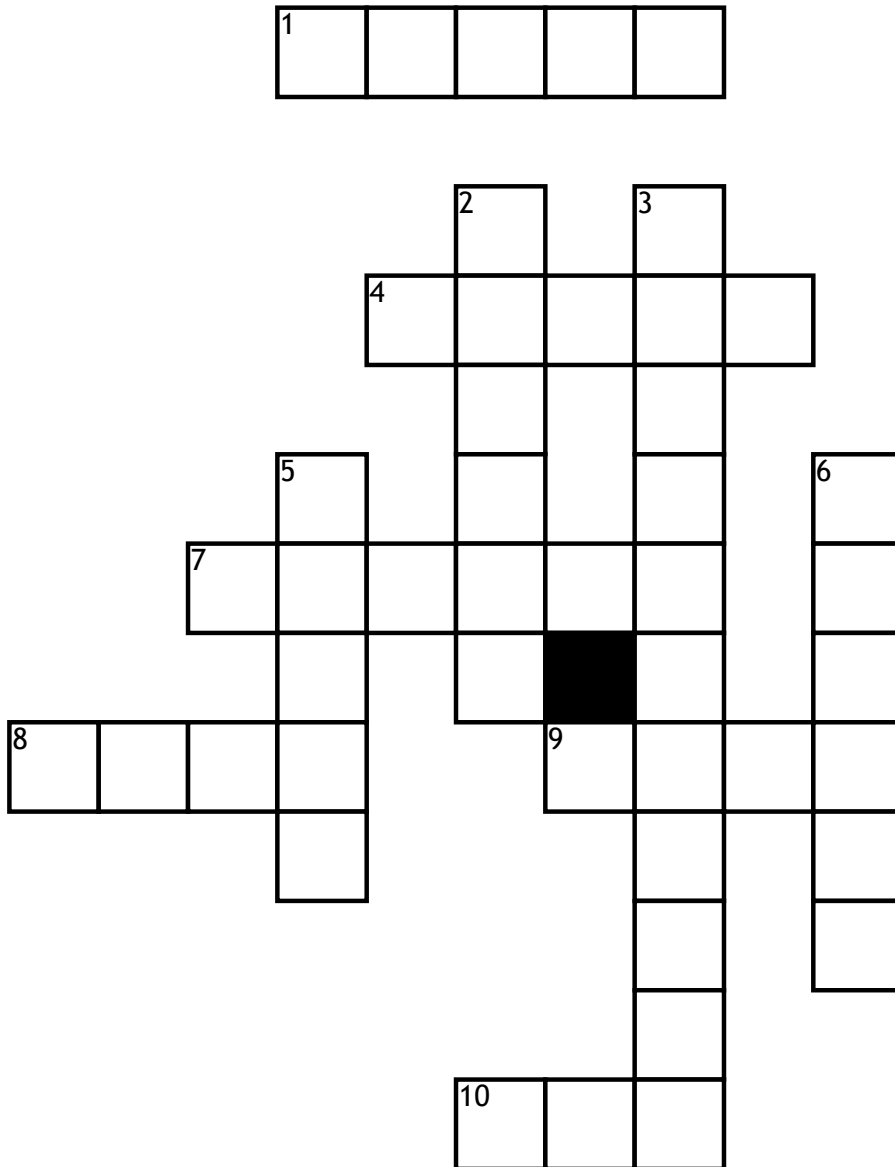


Hydration



Across

- 1. naturally occurring on Earth's surface
- 4. something you need to drink to survive
- 7. a state of matter that you can feel but not hold
- 8. processed to remove impurities
- 9. what type of mineral is in ocean water

- 10. how many cups of water do you need to drink in a day

Down

- 2. something you do before you exercise
- 3. a state when someone does not drink enough water
- 5. a unit of measurement that is .26 gallons
- 6. cylinder used to hold water