

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Human Body Energy Systems

R U D L P I L V B H P B F G T W Q D O P Y I B A  
T N I R P S F S R K O L U V D E S I C R E X E E  
E V D O B C L U T P W U B R T W K O P Z E X P T  
H I N T E N S I T Y E O M N J L V Y Y A Y M I A  
C P U R B B Y N B C R A A W L J O L X S S M G H  
T R F K N I L G G P E X U O K L K F G D W S G P  
A A P I Y N W V A T O N R H L C H C P I O V L S  
C S D A Z Z H P B K G O F A H H E A Q C L T Y O  
D E T B B N Q K N L X O B M F F J E X A L M C H  
G P S R I C O K I Y N T S P K W I P J C T W O P  
I O F U G F I I D Q O X P G Y V A O D I J P L I  
O X S C J W O D T O M O L C Z G Q S E T I H Y R  
A M N K H S F I F A Z Y I W I N G I B C U D S T  
L F F J V R W H R K N X T L J J C T U A B U I E  
S P E E D S C H U Y E I I L W E R I J L Q R S N  
C F F U T U X D C X P T D V W G C O H N P A F I  
W W Y C O V H V N B Y R U R P Q J N W B M T E S  
X O B T A Z J L P R K Q X X O Z N S A I D I Z O  
A E X A W W U J C L E H F E Y O R F M R P O A N  
W M U S C L E S P B P K Q M N R C A S M U N I E  
C O F C E F G J V O R E Q P V A C C U I X D B D  
L N L X D K I C E D R E Y A L P P W A P H X N A  
A S M E B A B Y C X M I D D L E X M G P V F K E  
L Z F L T H Y Y R Y V F E O D H F A X X G B X L

Adenosine Triphosphate  
Glycolysis  
Exercise  
Sprint  
Catch  
Pass  
ATP

Touch Football  
Positions  
Duration  
Player  
Power  
Ruck

Coordination  
Endurance  
Muscles  
Middle  
Speed  
Link

Lactic Acid  
Intensity  
Agility  
Split  
Roll  
Wing