

Name: _____

How to be Healthy

D O A I R C N F N U R I I O F M D
G D U H A E P D I W P L A Y P M D
G A N R D Z B V J O N I O N E A B
T C R D T G F U L X B A N A N A Y
L O C A M C M L H E P S O U A X Y
T V H N U P T H C K T D W R F S Y
L A K C X Z U W A T P T T I K W F
I M G E U K J G N O L E U V M E U
Y T B E J S V V I M O E A C S E Y
K L I M O X K B P A T R I R E T R
N Z U G E F X I S T A E W J H C R
B G N L L L O O P O T T I N S O E
A A P T U O K R O W O A K H M R B
M P D B M Z G L V B P W V T M N E
A F H X W A L K E L B M N R H J U
H E K N X B B F U J M J R I F X L
E G A B B A C E X E R C I S E R B

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|------------|-----------|----------|----------|---------|
| Sweet corn | Blueberry | Work out | exercise | Lettuce |
| Cabbage | Spinach | Avocado | Carrot | Potato |
| banana | Tomato | Dance | Water | Onion |
| Apple | mango | Skip | Swim | Jump |
| Play | Walk | Milk | Kiwi | pear |
| Run | | | | |