

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Home Ec. Review Puzzle

M E D A L B T A L F P S E T A R D Y H O B R A C  
U R E V N S F B G I P E S S G I S H E A L T H Y  
M S W R H U F R N R X E R Z N H N P R O T E I N  
E A C O B G S C I T K E Y R N E P R E H E A T W  
A X E D Z I H T I A B O I L O A S M S L E W O T  
S S T M C W F N B K V B K P I Y Y N M Z X J W A  
U H X Z S P G P R E R E A D T R T M O R B E A T  
R I O D J U S K C A N S X J I I O S W M L S B P  
E Z N M I C G J Q X V K Q O R A Z O A C M U Y X  
S A J S T J J B I Z D M N X T H P K W T T O V H  
H U H R E N I B M O C J J A U E P I C E R N C Z  
Z E T U Q I S Y L S M A L L N G D L O F E T D H  
R M A C A N A D A S F O O D G U I D E N V I D R  
Q S F M S Z A V H D V T L E M L V G E W A T E R  
Q B A U M P E I O R I S Q I H A D I A T S R I F  
L A P S R L L Q I X A G R S L W G K T B P Q A T  
A C E O P A T T G F N C E L L Y S J N O W D M O  
W T N D H N S N E I Q I E S H A T L O E I C J C  
I E M A Y R M T L B E N P J T S R P I M V K Y H  
I R V S E W Y C T V O W S I C I U E Z Q N O I R  
L I N H X A Y E O M Y S Y E H R O H N I U G W Y  
Q A A O W C L T L U H U F R R W B N S I C I V X  
E I V U E W S A W D K T Q D D I K D F F M X D K  
K O O R Y K S N I M A T I V R N F S J I L O C E

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|--------------------|---------------|--------------|-------------|------------|-----------|
| canadas food guide | carbohydrates | extinguisher | commonsense | salmonella | recycling |
| nutrition          | flatblade     | digestion    | bacteria    | firstaid   | measures  |
| minerals           | vitamins      | combine      | preread     | hygiene    | healthy   |
| protein            | preheat       | liquid       | towels      | safety     | snacks    |
| recipe             | shoes         | hands        | pinch       | fires      | small     |
| fibre              | stove         | apron        | ecoli       | water      | tasty     |
| hair               | sink          | dash         | whip        | beat       | stir      |
| fold               | melt          | boil         | bake        | poop       | anus      |
| oven               | dry           | fat          |             |            |           |