

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# High Phosphorus Foods to Avoid

T C G H R E F W X H O N E Y B U N S D D E U J W  
Q R X Q D J T O B F N N R G A T O R A D E I X C  
W A X T T O A T M E A L C R E A M P I E S Z Q O  
B C B R J B O T T L E D G R E E N T E A Q Y S K  
X K K G B J Y A Y L T K E S V I C E C R E A M E  
N E D Q S W U F B B J M G C P G Q N N K Z M E S  
X R X U T N C A R A M E L P R D Q Z D M Z Q G S  
M S Z Q L Q X W W K F X Q U O R J A Y I V P F K  
W L W H Z N U T S I R N C G C P E O U L L N V Y  
P Y M B E E R T M N Y C X Y E E Q Z O K B S J U  
P F A S T F O O D G S B W B S P I P E K J W V T  
J P B F C P P X C M A F O P S P H O T D O G S I  
R D X X U A Y O M I U E V R E E U Z E X S M J P  
W Z G R V W Q Q A X S U L R D R P L N O F G C O  
N H E H C O J G G E A A M A M B G M Q Y L U Z W  
H B I S C U I T S S G J N B E U V P E P S I Q E  
K J U C D T G Q C U E G E W A B N K M Z W R Q R  
M A O J Y N Z L L V D G M B T J Q X K R K Y N A  
L C H O C O L A T E G G N Q S L Z F Q Z Y D E D  
S U N F L O W E R S E E D S U M B T M N R P F E  
J S A R T C O N V E N I E N C E F O O D S P I A  
Y L O P E C C R Y L M W A Z D H S O R E A P K O  
A C N V N W T T Y N Y E U C N S W D T L E Z U O  
W D R H D X Y Q O F L D W Z M V I C H E E S E F

Oatmeal Cream Pies  
Processed Meats  
Dr. Pepper  
Fast Food  
Biscuits  
Caramel  
Cheese  
Coke

Bottled Green Tea  
Sunflower Seeds  
Honey Buns  
Ice Cream  
Crackers  
Hotdogs  
Pepsi  
Milk

Convenience Foods  
Baking Mixes  
Chocolate  
Power Ade  
Gatorade  
Sausage  
Beer  
Nuts