

High Phosphorus Foods to AVOID

M P Y M A C R E A M S O U P Y R H E M E D S W G
I Z O M D O N S A D O M G B L E H A K C S O B F
U D A N A E T E L O A J X T M Z E Y N H P U W P
M Q T H H M U N T U O R Z Q U R E E B H B E A N
A L M O N D S I C X I S W Z C Y K H J J W B N Q
S T E K Y S X D G M E S E E H C I N O R A C A M
H B A Q M K E R Z N L T C R H U O H O T D O G S
Z U L S P T J A B X P I W C O K H Z N S M P N P
C M A M R S E S S X T H H X A L I O S H L E N G
K P B U F T M T W T I G C N G I U X W T I A M S
K J G C Q C J G J E U H N J H M O J Y W T N T N
G O T Y H H C M S R R N G W A Y G S M H M U I B
Y K I Z J Q I E M E F I L R K O K R J J T T K B
P M D G I L E L C N D H S A Z S K D H C E B Q V
O R A F K H S U H U E B V K W N P L J V X U W J
O M E L C X A N O X I Z N N S U A O G Z E T Z V
D N R E A X L C C I R A I P H S N K F E Z T N D
J W B N Q C O H O S D Q P A J T C P G P R E Y Z
G Z N T P M C M L L T A W H U U A U E T U R G Z
U X R I B R K E A B D L L Q O N K D I X W U F Y
P D O L E B R A T J D J W P B A E D Z V B Q U T
E I C S A S A T E Z F O D A C E M I L O G C U P
A D E X N U D F H X T O E J E P I N H W N B A O
P M W Y S Y F Q K C X B H A T T X G K U P H L K

Macaroni Cheese
Dark Colas
Chocolate
Hot Dogs
Pudding
Cheese

Peanut Butter
Lunch Meat
Cornbread
Walnuts
Lentils
Beans

Pancake Mix
Cream Soup
Sardines
Peanuts
Almonds
Milk

Dried Fruit
Ice Cream
Soy Milk
Oatmeal
Yogurt
Beer