

Height and Weight

M U B C F A Z Q O Z Z N B T T B A
M R H C R P Q O W X M H X C S G F
F T W S U R E N E R G Y Y E H S P
G Z H E I M L P E Q M O L T P M D
S G S V T H T T U T A B U S J E Z
Z T D L K R A R N U A H C O N J R
E Z R D R W U Q S T Y F G U X S W
S T I O Y C G Z E R D G T U L A T
I B A R P I A G E Z I R Q I L D M
C F Q R K S E P B N I M U K P H G
R Z C Y D V G H G T O V I T A V E
E R Q G K Y E N I H W N Y P K K G
X Y J B K A H O I Q G S P Q B U N
E U M A L Y N G Y Y Z Y J D D V I
F P U T F B M W A M A S F G O D K
W S H L M I U T N Y U L I Y I S I
H Y V F Z B K H H D C H P R F N B

Playing sports
Exercise
Walking
Biking
Fruit

Vegetables
Healthy
Jogging
Happy

Nutrition
Hydrate
Energy
Water