

Name: _____

Date: _____

Heath risks associated with body weight and body fat

R L K E K K N Z M F K O U O J J U T E I D P Q V
S B C K L R B N X E V S B P Q X D F T L Z Z H K
T V M O Y F A H A E U X H Y S E T E B A I D S O
X F B R I M G O R F P E A W Q I S D V E F J V T
Y R D T H K N W B R A D U P F F N E R M S C E E
V O Y S T F E R Y L E E B Q B U I K L M Q M S B
G N A E X I E F T Z R S E R M O O F C M I A S X
G R Y C G A J H Z J U I F E D U H B H T E W C L
B Z D H K J Y L D B S C G T I Y H O E S O F H F
D N T F H W D P S G S R W A E K L X I S M M Y W
F M A O E Z J G M B E E X W P V T D T E I I K S
X S V I W O C L X M R X C K I Y E A L O S T H E
T Q G E Q D H Z U S P E V N Z Z Z B W X V Y Y X
M H H S G D E S B F D D R I Z C X D O T H W G D
T A T D P F C G R H O V I R K W O M U K G X H V
A E I X G L Y E Y N O J V D W O V Y E L W J E Z
R M X Z E K C K R J L Z L P F M J Y G R E N E T
O M J S W N W J W A B F D S U A W C X T T Q U Y
Y C W R A K S Z U F H T C V P U U G I H Z C Q N
W T E C N T T L W K G H F L U Q T B T O Z V B Q
C A H H M U S L C Q I W A H Z Q A X B C Z C W O
O J S N I N F O G H H U T V K K D S U D T C T D
W T S J L C X E D N I S S A M Y D O B X L I H O
A T W E W B G V Y X H U F T U L R X C O G V P Z

High blood pressure
Drink water
Exercise
Obesity
Cancer
Diet

Body mass index
Overweight
Diabetes
Disease
Energy
Fats

Healthy weight
Breakfast
Muscles
Stroke
Food