

Name: _____

Date: _____

Heat Stress

O G N I T A E W S Y H X V Y F U G G O D T E D D
O B X U L K I E K M Q T Q P K N A J L Z O X M A
O Q A W D E G U N E B E U G I T A F E L C S U M
U H P A E Q W G N Y G U P A F I Q F C Q B S K U
M Q E P A N K I B Q U L E N A I F R Y U J W R V
T W W U T J B T U C V H T P X Z K A G E K A N R
F H E A H K B A J O H Q J J Y R Z L R T I I C U
I O A N J C A F W G S M O T P M Y S E R F D I Z
O B K E P R E R V Y Y B K J K M I P N A X H F X
R D N G H A L R H U H V N S S A S Y E X B W O Z
Z L E W Z M Y S L E H C A D A E H A C H I L L S
P B S K Q P D N L G N K X L Q O T F T Y M I H G
U S S M B S O W N H J Z F K H U E P Z M R G Q O
F S C U X J H I D Y L K T O B I M Z W X M Y L O
B T M S O Z T M S Q I M U Y S J P H C Q L N C V
A D A K I N C P M Z D S L R J S E R E T A W G J
E F B E I Y C U R I N A T I O N R O J L V U N W
A Q I A W U O A U P D R E Q J D A K Z P Z Q I D
F P F D D S U U L M U K V R Z L T P H D F Z T J
G W E L E C T R O L Y T E S I R U M J I M W I G
N U Y B Q L I G H T H E A D E D R L Z E E T M S
A I D I B U W D S O D I U M J F E M Z I J B O S
V B V R S W R H V T T B Y J U K N R G M Y K V U
E E N O I T A R D Y H J S Z R A C T T L Y F D U

Muscle fatigue.
temperature
fainting
symptoms
fatigue
energy
sweat

electrolytes
Hydration
headache
vomiting
chills
sodium
water

lightheaded
urination
sweating
weakness
cramps
death