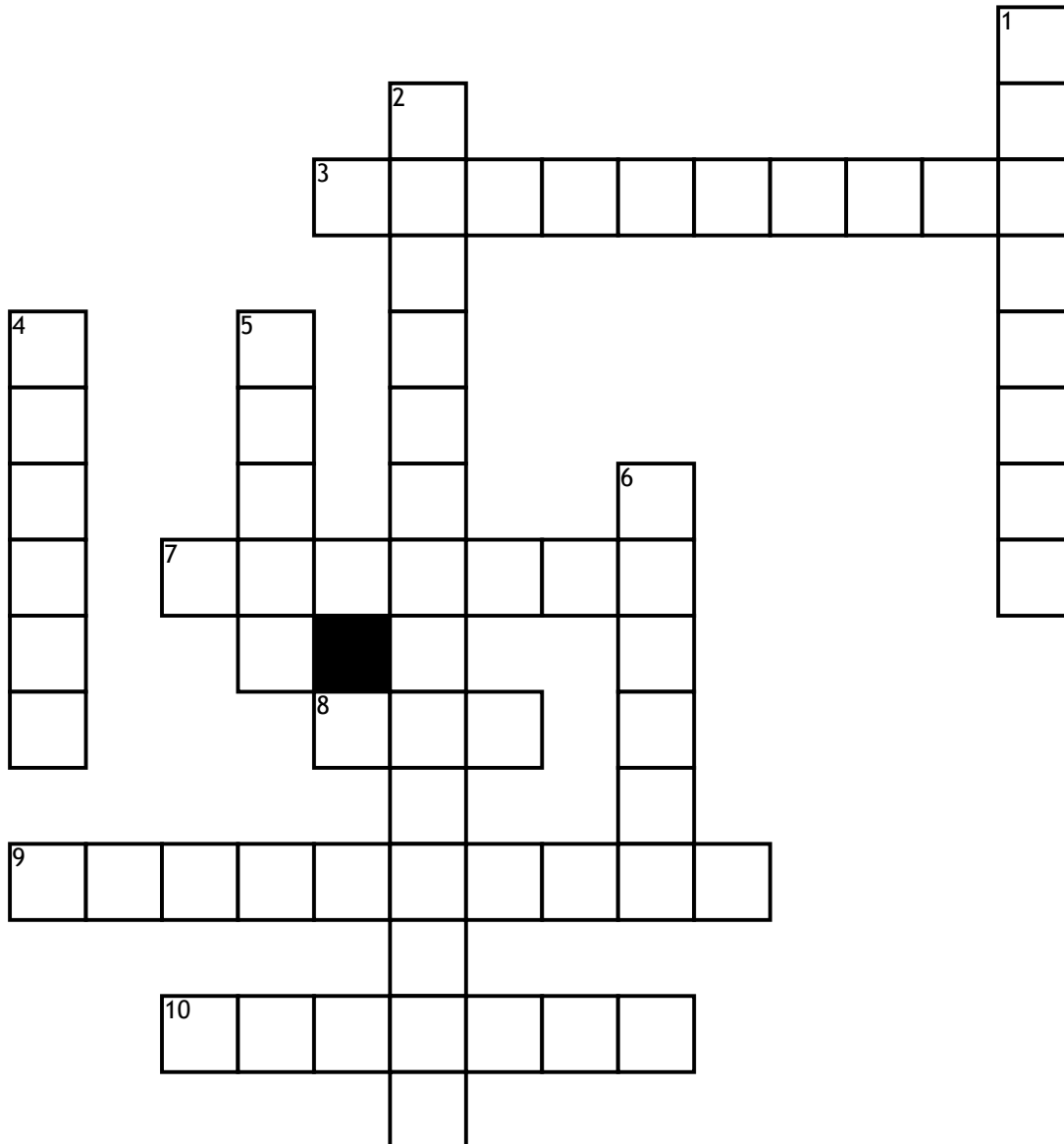


Name: _____

Date: _____

Heat Stress



Across

3. If heat exhaustion is untreated, it may progress to _____
7. Seek medical attention if symptoms worsen or last longer than _____
8. Drink lots of water; about 1 _____ every 15 minutes.
9. _____ conditions can result in death.
10. Refrain from _____

Down

1. how your body cools itself
2. What is a milder form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced replacement of fluids.
4. When temperatures are extremely high drink plenty of _____
5. Don't wait until you're thirsty to _____
6. muscle pains or spasms