

Name: _____

Heat Exhaustion

A F K K D T G C X J Y Q R R L O L L K N F N T F
D K O F S C E N N L T V P Z Q A Q T X Z A N W D
C D W E M B N W Z K I N U A E P F Z R V S A I T
V S R T U I O Z V C S O D M L D A L W N P D R B
F E F U S D I I X I E I A N I E I P O F G O F D
A F T P C N T H G G B T S J S Z N I N B S A V G
K U E T L O A I E E O A Z W X T T W Z O S X L G
S W W U E I R Z H S Z R S Y N A D Y E T C K E M
D C R O C T D J J W I D S Y C H J K B A Y E G N
G H A D R S Y R H Y P Y C I W U B R F H K V A V
W E I N A U H Y E C N H D L Q X E I V N Z Q R E
U A S A M A L T K Q H E A J A A S F R K L K E P
Q D E E P H A S V L M D X M T M N I B P R I D O
F A Y K S X R B U O F P R H W S M O I I K T L C
D C O A A E O X D Q Q Z I Y T Q O Y H J W Q O N
J H U T M T I I Y B D N Q U Y R N Z J V C Q M Y
D E R N M A E N T I G O D I Z Z Y V Q I S K D S
V W L I I E O S N G I S L A T I V R O T I N O M
R L E N I H M W S T J O E Q B N K U J W G E V V
F K G I R H F F E C A M D G S S K L Y D F A Y I
E C S B E I N A U S E A O R V O M I T I N G U W
O I O T J J B V F Y Z B S F M S B Y H H W E R Q
Y R A P I D H E A R T B E A T S C U O Q T S W X
S G E G E L E C T R O L Y T E S T T X B Y E L A

Monitor Vital Signs

Rapid Heartbeat

Muscle Cramps

Older Age

Clammy

Rest

Nausea or Vomiting

Heat Exhaustion

Electrolytes

Headache

Dizzy

Weak

Intake and Output

Fast Breathing

Medications

Syncope

Faint

Raise Your Legs

Oral Hydration

Dehydration

Obesity

Pale