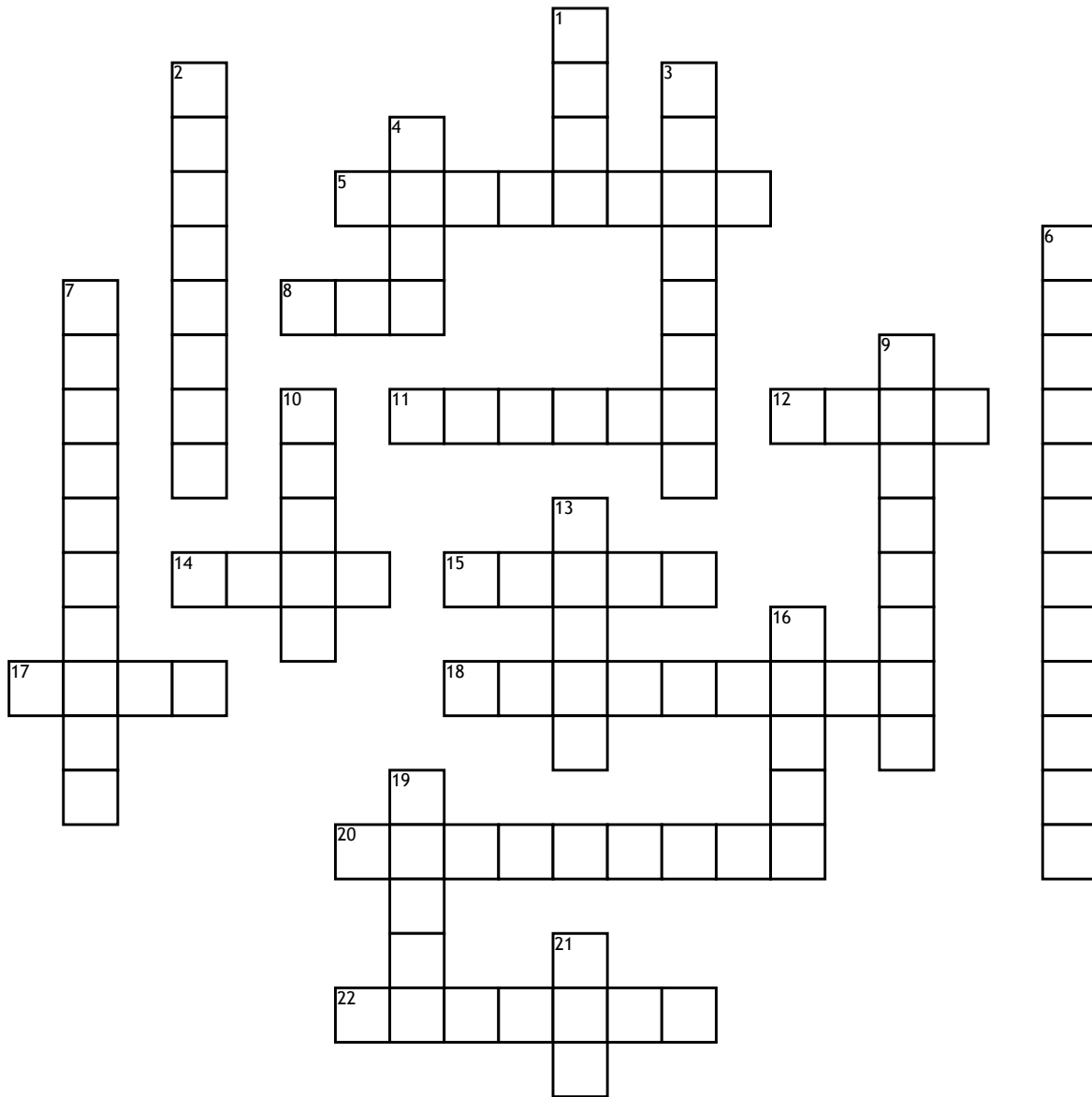


Heart Healthy Crossword



Across

5. Need to pee? Don't fret you have a _____.

8. They take a vein from your _____ to use in heart surgery.

11. Always have your trusty heart _____ nearby to hold onto!

12. Feeling dirty? Ask your nurse to get a _____.

14. You are in control of your _____. Tell your nurse if you are hurting!

15. The staff member you can always count on!

17. Never push or _____ with your arms after heart surgery.

18. This will drain the blood and fluid from your chest after surgery.

20. Ask all visitors to do this before they enter and leave your room!

22. No _____ until your doctor gives you the OK!

Down

1. The faster you get moving, the faster you go _____.

2. You can always hit your _____ to bring your nurse into the room.

3. This is where you go when you leave CVICU.

4. Coronary Artery Bypass and Graft

6. Your diet after surgery needs to be _____.

7. This is from 2 to 4 pm every single day.

9. Your heart surgeon's name (also a frozen dinner meal)

10. After surgery it is important to get out of bed and into the _____.

13. Stay away from foods that are _____.

16. The incentive spirometer will help you exercise your _____.

19. These wires are inside your heart to control its rate after surgery.

21. Does your family want to call and check on you? Make sure they have a these 4 digits.