

Name: _____

Heart Health

Q M T L H I G H B L O O D P R E S S U R E M X I
Y H T L A E H N U Q L R E B O I J C O F S D N R
Y F A V D H D E S Q O T C T F E W R O N E U K R
M V D P U P K L N V E O S U P C H Y F X A H G S
W A R X V S T W I D H F L S X O S F J S R I M Z
D P P I C Q I T Q Z V D I N D R L V I M I R E C
D H E A R T D I S E A S E O A O E I Z O O C E K
N V U L S E Z N K J K U Y I S N N O A K P Y K L
L I C K S L L D A L V Q Y T F A O V I I O Z L R
G M N X W I I M T W Z C T R E R I S M N Y H U M
F F H H L T N O F J G S X O Y Y S C H G I Y U T
T G Q E O Z A Y O T P P E P O O N H T W W P E P
S A A R K R T Q Q G N X V X B X E R Y Z R O T H
Z D A X K U R U L R I J Z X H B T V H V B T G D
D C A V H B O L O F S F W F V N R Y R W Z E X I
C N Y Y L O A L L D P B C W A T E R R G F N C E
S L K F P V E O J J G K R E F C P H A N T S C T
Y S E X E R C I S E H M G I C U Y T S O P I G G
I Z A C A R D I A C H E A L T H H M S W S O G F
R W O J Q Q R N W G Z Z S T O E C N A X Y N M B
K H P M A R D R L F I R K H L G B D L N A H W K
J I F P A C M D Z U P E Q F D V J W U H B V C N
K Z X J Q X A E I X R Z H H H P H B R Z J T D F
O O U N S M M O L C M U I D O S L K A M V D K T

High Blood Pressure
Hypertension
Unhealthy
Portions
Sodium
Diet

Cardiac Health
Hypotension
Coronary
Carotid
Aorta

Heart disease
Arrhythmia
Exercise
Smoking
Water