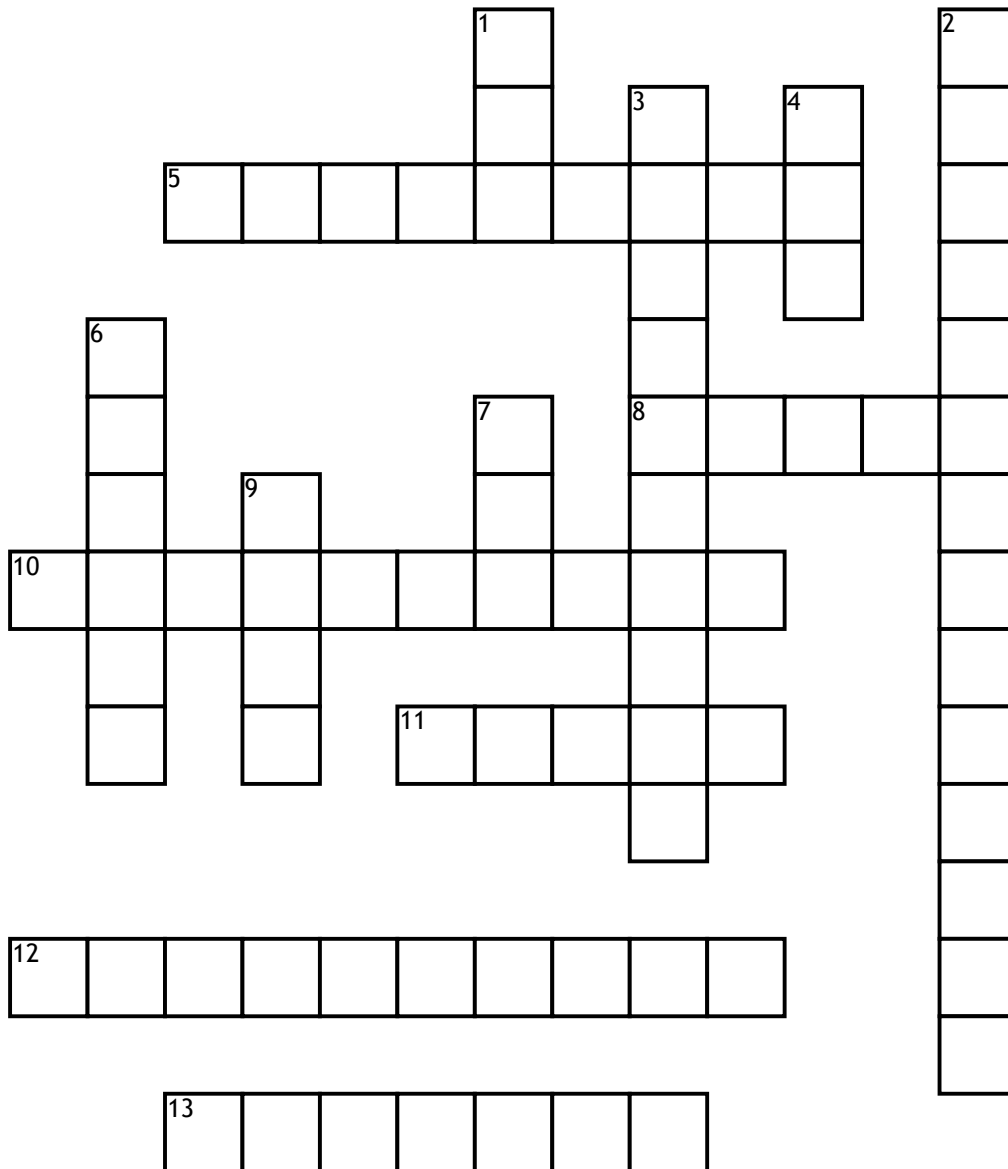


Heart Failure Fun



Across

5. Heart failure symptoms include SOB, Edema and _____.

8. Another name for swelling is: _____

10. What is a common medication that is an ACE Inhibitor?

11. Normal _____ pressure is 120/80.

12. Monitoring heart during a period of exercise. Do not eat, drink or smoke beforehand.

13. What is a common medication that is an antiarrhythmic?

Down

1. I should eat a low _____ diet to reduce my cholesterol

2. A test that uses ultrasound to produce a visual image of the heart, used to diagnose or monitor heart disease.

3. What is a common medication that is a beta blocker?

4. No more than _____ thousand milligrams of sodium per day.

6. I should eat a low _____ diet to prevent swelling.

7. Blood is drawn to determine if there is heart failure present.

9. _____ factors of heart failure include: inactivity, obesity, high BP, Cigarette smoking and diabetes.