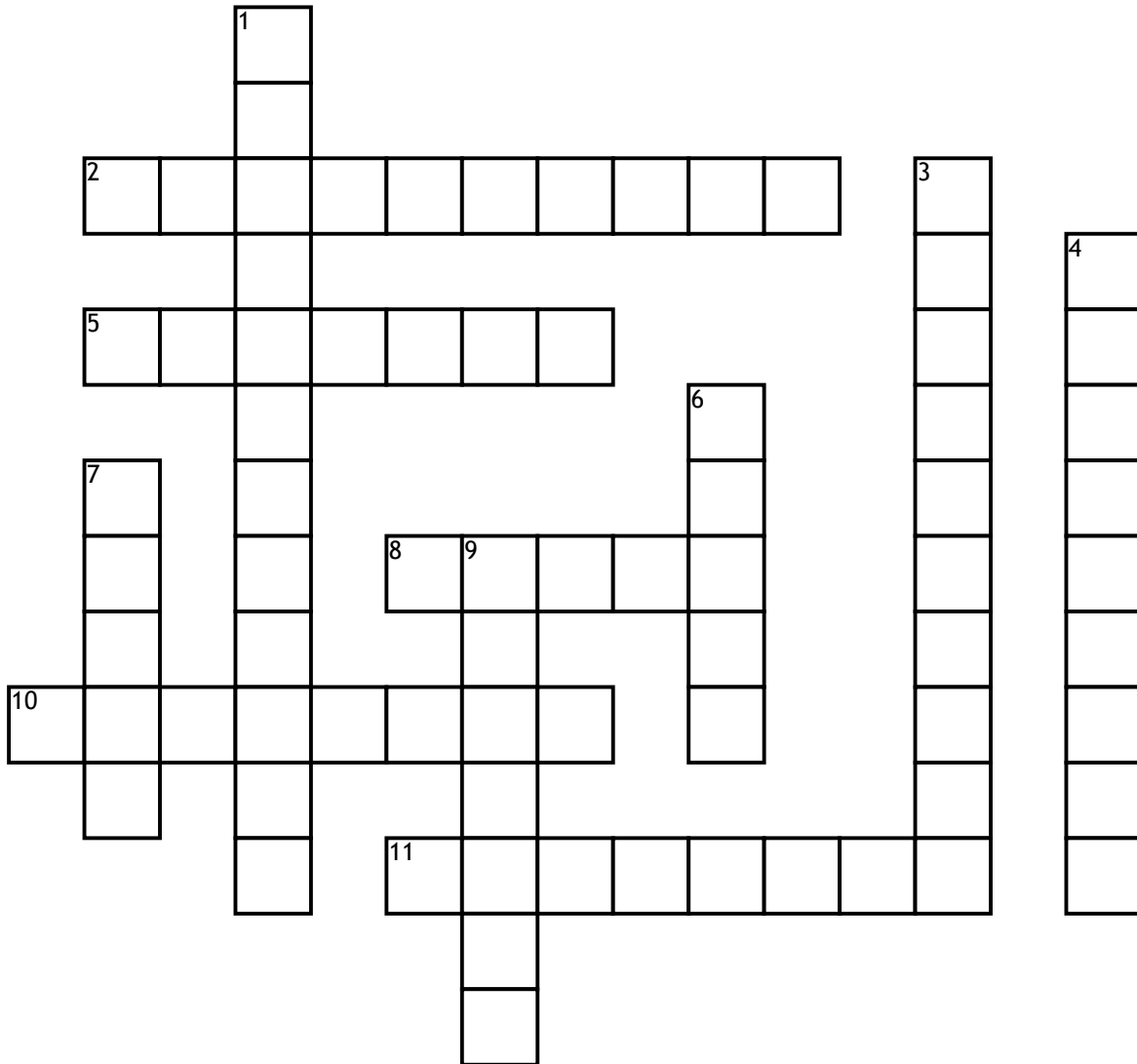


Healthy living crossword



Across

- 2. A berry with its seeds on the outside
- 5. A nutrient that helps with growth and repair
- 8. A type of fruit
- 10. A nutrient from fruit can also be taken as a supplement
- 11. A nutrient that comes from vegetables

Down

- 1. A nutrient that gives us energy
- 3. A food type that grows underground
- 4. A berry that is a superfood
- 6. A food that birds also enjoy
- 7. A food type that grows on trees
- 9. A type of exercise