

Name: _____

Date: _____

Healthy foods

N C R A R R B T A S F A P A E A R K R E O N C L
R B F G C R I L U G U A O A C U Z D E P N K E E
S S A G E A G S R E A U R N R U U G B S A D M N
E L R B C O K L A M T S L S I L M U O S L A H T
T I A P E A T C I T A C S P L U J E O L L N T I
S A P E L A E P L E H E E R A T Q Z F M R J S L
S T B E E E E P G I D O C C R A N B E R R I E S
O I L F G H T G C E S A S P R G U S B T S R S C
B E X S I E S K R E U Y N B C B N E U N K E I Y
L O A R L L E X I L L G B T C A E L E R L M R R
C P J A T N A R I S S E H S I T L A B P N R I B
N D R E Q A R F Z L E U L T O V E L P G T S Q E
C O A P R E L H N U I S O F G A G A I S N L B X
R A G M B O P L N U R K U T S R F L O P A Q R K
C E B P W A O I B E R E A T R N U R M E L B R E
P T S E W Z K B A A E A N R E T D N H C P E D G
C A R L E V V L E U B P E O B E W R L E G E G C
R R D R S N M P E J E E E B M R N I I C G T A C
M L P U B O F B N G U I I T U L E R P U E S S S
E N S E N N A Z A F L A C E C C A L T R B T S O
N F O D F E R I R J B K B A U C S S E T C W E S
E L S W P G E E Y E P B E C C I T E A B I W C I
T E L N B L P G A T L O A S Q P A E N W C L I A
I E U E S S G R A P E F R U I T O O A C N Z N G

blueberries
grapefruit
Almonds
salmon
kale

cauliflower
cucumbers
lentils
beets
oats

cranberries
chicken
quinoa
pears
tofu

raspberries
eggplant
Apples
eggs