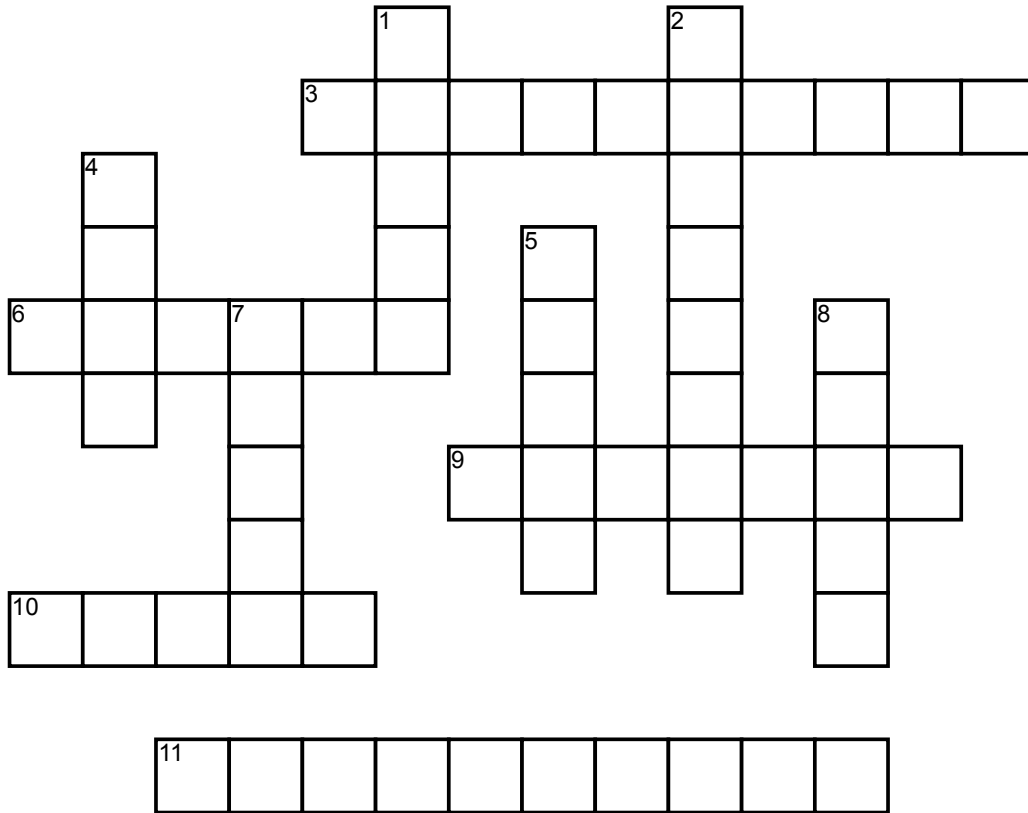


Healthy eating



Across

3. what has many vitamins and minerals
 6. too much of sugar can make our teeth.....
 9. what makes our bones strong
 10. we should drink 6-8 glasses of ----- a day
 11. eating too much high sugar foods and not being active can make us ?

Down

1. A healthy lunch box helps you concentrate and better at school
 2. bread, lettuce, meat, cheese and tomato makes a ?
 4. healthy food makes us.....
 5. soda drinks are high in...
 7. How many fruits can we have a day?
 8. a healthy snack to bring to school

Word Bank

sugar
 three
 rotten

fruit
 vegetables
 sandwich

overweight
 calcium
 learn

grow
 water