

Name: _____

Healthy activities

T K S B E J W A T E R O O Q H P J J F U E L I Y
J M P N A P H M I V L B X U O J B K X K S D I X
H L D B G L V E G E T A B L E S G N I C N A D S
B R M H N K U B D X P H L U N U B M I G D O C Z
G U U B J D F G S Q E K H Q S A A H A S R Y Q K
Z K S J V I F K F C F L E P O Y L V S N L Q J Z
A N R D P G H Q N S Y K O D H S L Q Z W F A B Z
G B L Q S E S A C P A R T T E O E G D C N D Q S
C W H Y W D L K P O T X L I S X T H C O A Q F L
J Q X O O A Y Z D S J A B U M T T M I K H L I G
C Z U M B C B B G A E B Q V G P R T V X Z F C Q
A Q O A S Q Z L P H O X R Y C C A E S H X R J E
L E E H W T R A C H O P B M N T H G T V S R P R
U A E H Y R A K K Y H B N S I K S C U C Y G V K
O S W I M M I N G O G B E D H N Q V F J H U L U
B G N I G G O J N N O D E Y A P C H U Q M I P R
G U K R Z O S X J Z O M A M S I Y U K D S E N F
O Z O T Y O I Y B N U J T T W O M R R T B X D G
P N L E M R Y M B P M P I M G W P E P S U E D D
W P Q E M U A M D Y X U H A P F C A G T N R M F
G I X A S Z M E Q X R D L R E V B D U C S C G R
I L H G Y F N O H F G H K U D O A I V S O I Z A
I O O F M P T Q C K A C D K K G A N F F H S P C
H B C J O I N H R Y J K O G Q L J G R L J E N U

meditation
swimming
balance
healthy
fruit

cart wheel
exercise
hobbies
sports
yoga

stretching
ballett
reading
zumba

vegetables
dancing
jogging
water