

Name: _____

Date: _____

Healthy eating

M O M W R G C C C I V S H T K V I M Z H E G G L
E W Q C D A U Z Q U A V F E F W K N W B L Y O O
W W R F X C W X C A U L I F L O W E R M E Q T T
L G O E U C J T H T O M A T O E S S O P P S R A
F T L M E X H M N Q Z J Y N U W W K F S H S U T
I T B L E D P N H L G F A E O Q J J Z O A E G O
J E X S X M A G R G R U P Y Z C Z R Z Y N J O P
R N Z G L R A N E O T T A W Z K K C D S T D Y G
D Z B G B A C Y O B C S U E Q P X L F S G U K N
E P R X C Z E P P M M T X F H R Q C S D A O E I
G S O L S N O R L U E E E L D L M P J Z R N E L
G M C Z T P G C E K L L A E U C I N I U L O R R
S J C M D X I S F C F S O I W C Y D E V I R G E
N H O J A O E N O K X F E K E S N C V W C P N G
O K L T T Q P O A B D R U S A V O C A D O M S N
J Q I C M V J O A C G K J O H O H P C P A F J I
C H I C K E N Q F L H E M H C E V Y Z B P K Q F
P O I C P B B J R W Z F D H L O O V A V P M W O
O N D D W T W A Q B O A E X D B T N Q Y L R B Z
L Z H M M A E J V M T R Q H I Y A T C X E T G Z
H F P B L U V Q Q F R B T Y Q N X D P L O Z T U
M O H N J A V A A I G A J H A C Z M W K W A S X
X M U D V C O X E S R U X S E H F L D A L B B Y
Y T V V S A F S W H B H O P A B W X N L E L J C

Fingerling Potato
Sweet Corn
cherries
Cereals
Banana
Eggs

Elephant Garlic
Tomatoes
Cucumber
Avocado
walnut

Greek Yogurt
Broccoli
Spinach
Pulses
Apple

Cauliflower
lemonade
Chicken
Spices
Fish