

Name: _____

Date: _____

Healthy Vegetables

N S E E V E M Q N N F B R H Y N Y D Y J I H O X
S G X C G F P Z R V X L F C E L E R Y G A R M O
K R I U G H M D O O B B L W Q V Z Y W G E G E D
Y E U T C R U V C M F E E W Q R A L U W W R O A
B G L T V Q Y E L O Y X D L U M K B O Q C A G W
K N V E V W E P O R L A Q H L F I L V A H J I A
E I P L K R B D I J C L M J I P F E T A A S U A
G G S R E B M U C U C O A D U I E B Y M R N Y F
A R T O H Z Z G E S R D H R L Z H P P X D O S D
B Q U C I J J R S U S I L U D H G P P K K I C K
B Z O A I V A H R G Z X A D J G N V P E U N C J
A P R Z V Q Q D Y A X C R K P T R M D O R O C S
C X P L R S K M V R J Y L Q O T M E B K E W Q E
D J S W G S I O F A O C Z E W D F Y E O K A I O
E S S G X H A R O P A B T X E Z I R X N P B D T
R U L V L J X E Z S C M N N C K W N O A S C I A
I V E L D Z E F P A P J G L T E S C I L R A G T
P J S T U R N I P G R E E N S O T V D A S R S O
N R S O H C P O T A T O T W Z V O N A H M R R P
Z J U H K Z G K Q Y K J J R Z E J R T F Q O G T
E B R O C C O L I K B K E H L R X V T U D T O E
X J B U V Y V N E S S P E L M O L F F E W V N E
J C M E H C A N I P S E G N A A P Z A P E O A W
F A T O M A T O E S O V D K L K E V D G D B I S

Brussels Sprouts
Bell Pepper
Cucumbers
Lettuce
Garlic
Chard
Peas

Collard Greens
Cauliflower
Beetroot
Spinach
Ginger
Leeks

Sweet Potatoes
Red Cabbage
Broccoli
Carrot
Onions
Corn

Turnip Greens
Asparagus
Tomatoes
Celery
Potato
Kale