

Name: _____

Date: _____

Healthy Snack Ideas

Z F T T J B S E I R R E B E U L B
S M F C R P S L S S E W S C U X G
H T F R O A V W X T C E V K K D B
V R R Y O X I Z E H U I P F T R U
S J T A F Z E L E T R N Q Y M R J
V A Z A W P E E M I H R D L C F O
H A A E E B S N I I W I G E J A D
W C X M U E E T Y Y X W V Y X P E
M H X W S P L R B O E S B U Z I Z
K S E T A D L E R W G A N O D M M
R P I V G X J S M I N U T R B S F
Y C A X S Y E I E A E O R S Z T Q
K W B R I S A K N A Y S Z T F B N
W P W Q C W M A P P L E S A U C E
F F D O R I S S M O O T H I E B M
I A J Q L M L X J H K C B Y G V I
I I V K D A R K C H O C O L A T E

Dark Chocolate

Frozen Yogurt

Cheese Stick

Strawberries

Apple Sauce

Blueberries

Mixed Nuts

Trail Mix

Smoothie

Bananas

Dates

Milk