

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Me

A J A I B A N A N A T H Y J F A R  
J K E V C H I C K E N V Z D F B X  
A D P G O I F R W N B T P G R Z L  
A Z X V T P P G A F Q H L S U P N  
W A I E H M C R T I G W Y H I F B  
S V V G S A Y A E J H U D Q T I M  
L D D E U B J P R S D N Q A P Z U  
Z C I T K M B E M I L K S P S G T  
S B V A X S O S O E E Y E P T H A  
L D N B U E N O L D B S J L R D Z  
E Q C L I H E C V L L R Y E A C O  
E U S E H Z S G Z J Y C P U W R N  
P G I E X E R C I S E A V F B R E  
Q K J Y J C H E E S E R N O E U J  
F Y S M R Q C V I Z S R A T R O J  
M U S C L E S U F H T O M E R V F  
C L C Q O N E W R P C T S I Y G Q

Strawberry	Vegetable	Exercise	Chicken
Muscles	Cheese	Grapes	Carrot
Banana	Sleep	Water	Apple
Bones	Fruit	Milk	