

Name: _____

Date: _____

Healthy Living

K N K X C L M P L A F C H H M D P
S I C Y A L I V A M S S T I V W M
E E A G S N M G O U K L S E N F R
H T L R O U G I O F A C G K Q P O
N O O E I T G I C E D E D L Y T C
G R R N C R T A H N T G G P R P A
H P I E K I K P R A B O B E S E R
Z B E I R E P U B V P I N X Y T B
T U S T W N T L X D Q A M I A U O
R E U F E T E T J P G Y Z F L M H
D N Q Q S S Z W A T E R W W P F Y
S K L E I S D V L S A W G E R H D
P T V N C P I T A K B I K U M N R
F E A R R Y C T A S N D I R G U A
D T S F E X P S E N X T V Q W C T
P O A K X X P C G T S I H U M I E
G K Q W E H H X V Y Z O C J D U S

carbohydrates

nutrients

protein

health

obese

vegetables

exercise

fruits

sugar

play

nutritious

calories

energy

water

fats