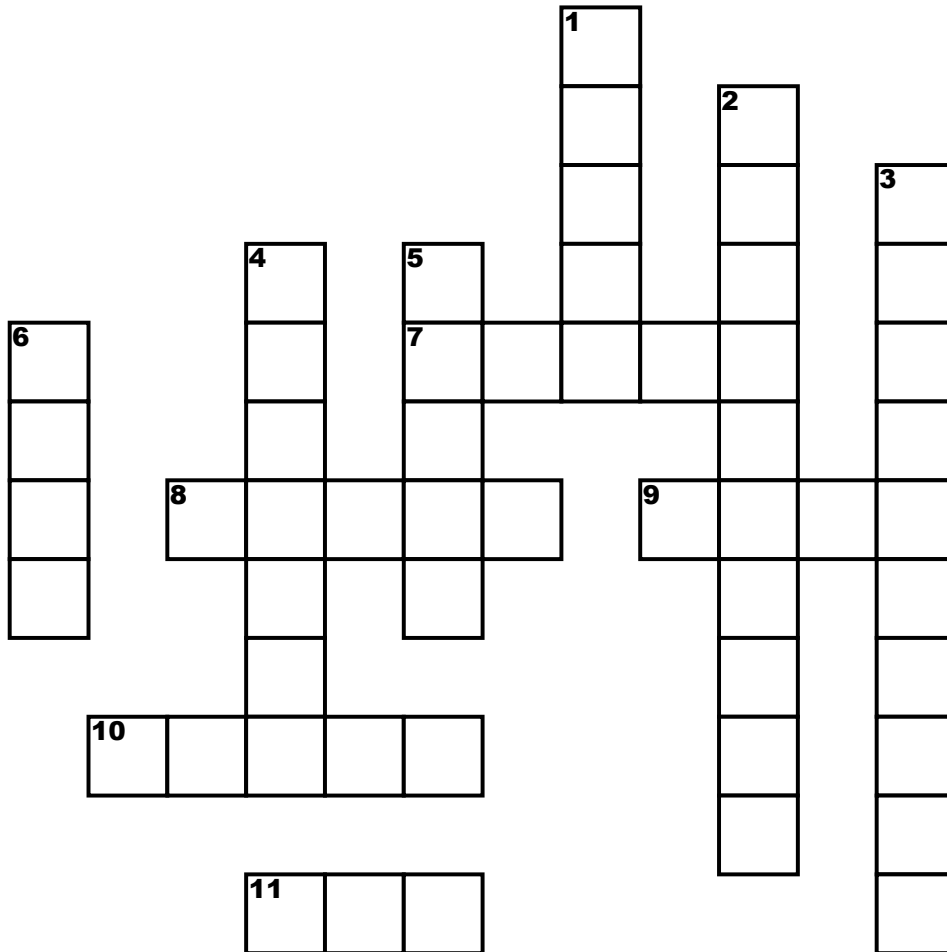


Name: _____

Date: _____

Healthy Living



Across

- 7. Eating this keeps the doctor away
- 8. You do this at night
- 9. You should do this in the morning
- 10. Too much of this is bad for you
- 11. A place to exercise

Down

- 1. You need a least 8 hours of this
- 2. You should eat this everyday
- 3. RTUSHB EETHT
- 4. This is a form of exercise
- 5. What should you drink lots of?
- 6. You do this exercise every day

Word Bank

Wash
Cycling
Apple

Gym
Sleep
Brush Teeth

Vegetables
Walk
Sleep

Water
Sugar