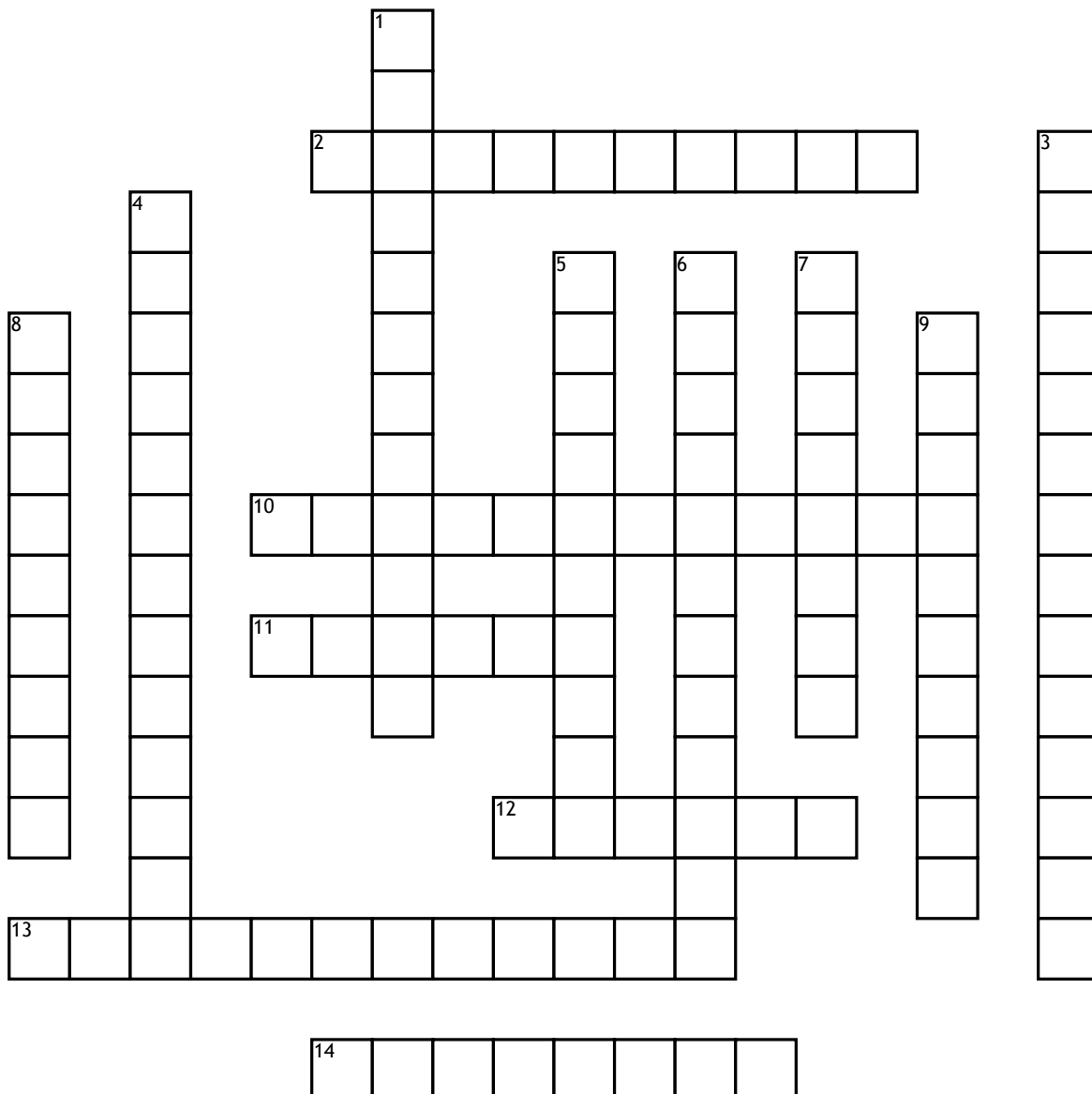


Healthy Living-Mental and Emotional Health



Across

2. How a person thinks about themselves

10. An action that can harm you or others

11. The body's reaction to the demands of daily living

12. State of body, mind, and feelings

13. Condition of your mind and ways you express feelings

14. A statement that contains specific behavior, even on you, feelings that result

Down

1. The pressure people of similar age put on you to behave in a certain way

3. Condition of your body

4. Sharing of feelings, thoughts, and information with another person

5. A statement that blames or shames someone

6. Condition of your relationships with others

7. Emotions such as excitement, sadness, and anger

8. The way in which you live

9. Feelings of being sad, unhappy, or discouraged