

Name: _____

Date: _____

Healthy Lifestyles

O U O T I M S T B Y S Z S N B K B
R D V D T S B K H Z W A I X R H L
W E L L B E I N G V I G D U M V C
B A Q V U N A G Y M M W I K U Z W
N W R E Q L N R E K D U V F Y I E
C K V Y P I E B F J R C E J E Z A
A P U C O F T K E D U A F Y R L T
T H Z X B E I O R H N T D C M E I
L Y D F H S T S O D X E M B H L N
B S V S K T A Q R I E D J A E D G
O I I M R Y V L A E S D P L A W P
D C J C P L U B L W K Q B A L N J
Y A H Y O E O U V D D J C N T U T
H L E Y S S B P L A N C Q C H E F
Y I E X E R C I S E M U A E E G L
S E P S G P I K B O K L U D J L C
O I O L B A C P B J R Q L R U S K

wellbeing

lifestyle

balanced

physical

exercise

eating

health

swim

body

plan

run

gym