

Name: \_\_\_\_\_

# Healthy Lifestyle

V O H H L N I N S T R U M E N T A L L E A N Z C  
P L W W J I E U G C Y L M A D Z K A E A U Y J W  
N I S E L B A T E G E V P V I X U M N M C H G E  
T F C P S S K T I S H G B L E I L M T I C R C L  
K E W O U W A K S I C K T Y T C M T P T E S H B  
H S F T P E H S N I M A T I V A D N Z S A P C I  
T T I J M I P B X P J Y F R U I T S T L E V D X  
H Y N H V L S D B W H L I K F K U U T S H Y N E  
Z L N W A I A P A W L H T I Y O G A I G Y V N L  
P E X N L E S S O N S H H A H X D C Q N U S K F  
M S T W J A I X E R O A N A J Y R M E L T E H I  
K S P D B M H C L O C A Q N L E K J J R Q D E O  
C Z E V E F M A R Z T W R R X J V P E Q S U A I  
J Y X N E F U Y N B V E G E Z O R S Q G L C L N  
A X T U R T M N L H O T O L P C S Y M E A A T T  
I A I S I P K A Y S D F E S Y W Y S H C M T H B  
L J Z R L Z L A E Z U I Y M D M L O Q N I E B R  
M C I O T D L D O O I T N T S P R K U A N D F E  
F P J C F P S T N E I R T U N Z P F N D A D W E  
S Z E W F I O B O T C B V P C H J W Z I Y P C S  
P H T A Y S H R K I V W O D H J W T L U F L V O  
P L L P Z A K M O S K F R E O Z J I N G Z G N K  
Z X X T J H O S Y A J S M I H O V Z Y X M X H Y  
S V O A D G T F K F O V Q Y L A F P E Q H P S E

instrumental  
lifestyle  
exercise  
fruits  
food  
fit

vegetables  
vitamins  
lessons  
mental  
meat

nutrients  
flexible  
animals  
health  
yoga

anaorexia  
educated  
stress  
play  
rest

spiritual  
guidance  
plants  
sick  
diet