

# Healthy Lifestyle

N U M Z A O P V T G D P Q B F M R L I V V T Q M  
J N N L W K S T I E E I P B E M F O C X Z M H F  
F U I N T N T R R S I Y J L Q M R B V S I H T P  
T U C D X A H D C O E D Y X U K V R W B K C J M  
L F G P Z U K E D X E X R N F L Z M C I S E T F  
D P L K N V B Z L Z R M A O C J S E I R Q W O D  
Q R Q R H L T O J V E J U X O X E Z U R D U L T  
X E S E F A S N U Z C D T I R P B K Y I J C D T  
E A W Y L X Q F D E N P F O G Y S A C T B Z S T  
H R E S T U Z X Q H A E S I C R E X E A Q E E I  
D X Q D B S J P Q R C B Y G M S A Q L B V X Z H  
G L K K L Q K E X U F C B G D W Q P O L O U I P  
N K W E G C U M N J N D B D P G P X U E L L Y H  
I J E F Q W G W L A P E L B A T S N U O C M N G  
K P P Y Q X L Y N P Z L F F B J N D Y Q Q B A D  
O X C D R X U G P H G P Z I L T O X T O F R A N  
M K C C Z Z E K J F L U G Z P B I I J B W R I S  
S O M P N R E A F A T T I C E U T I M G V L D M  
F H M S P K A Z B W R W U S H Y A V B S I Q Y V  
L O R D Z I R M S J X S I F H C L M X E M C M P  
S O F H R D X F O D N T P F S D O Y L Z I Z A Y  
L X X R X I L O J H Y K L C H E S K D I D N L Z  
L A S L C U F N M E Y W B L V C I I U U C B H R  
H Q D L P V R N E T Y H T L A E H H H W I V C M

unsafe sex  
chlamydia  
unstable  
obesity  
cancer

irritable  
pregnancy  
glue ear  
smoking  
sleep

isolation  
poor diet  
exercise  
healthy  
rest