

Name: _____

Date: _____

Healthy Lifestyle and Well-Being

Z Z P J U K Y G K I Q Y E O Q Z M
H Z G T E L E V I S I O N Q S Y W
E N C O U R A G E M E N T Z H W E
Y O T L C R K F V U Q O H J E P L
Z F L P Y U E J P S Y X Q H A X L
F Q A I D L T Q Q H G H S L L X B
W R O K L T T E C V G A C J T U E
M R U N I I W W R E P U R Z H S I
V T T I F D O P E R G S E L Y S N
P X S F E I H X M S T T E X W E G
A U I D S B O G W P K R N J M H W
R H D H T R U P W K X A T Y Z V F
E F E H Y N R G F R T L I H U L K
N A W E L V S N U B Y I M E B R L
T X I R E H L P C M P A E Q D E F
S C N A X A S A T E D N S C N D V
W P H Y S I C A L A C T I V I T Y

Physical Activity

Australian

Lifestyle

Outside

Encouragement

Television

Two Hours

Parents

Screen Time

Well-Being

Healthy