

Name: _____

Date: _____

Healthy Holiday Menu

S Q H Q P V D P M E F N I S M E G
J T G E H E S P I Y O B E H M C N
H U J T H A A P I D S P H A E U I
U R L B G M E S O H A Z P R C A F
Q K R Y G L H U Q R W P I Y C S F
N E D Y P Y F C G R L L X E P Y U
J Y J P B I G A S E Y C O D G R T
R X A Q I Z F E S T A J R O Q R S
M K G C T D G A T U O U L F C E E
U S V V M G U J L T M R I X F B D
B L N K P C P I T S P T R D B N A
T V K L E U F H T U S H N A N A M
X Y A I H L V I X V R M U I C R E
R N V J O E C T F H Y N A V O C M
T Y S W J K K U K P K S I W N P O
O R E S S S N O I N O X B P E R H
C R B A Q E K A C E T I H W S F J

Homemade Stuffing
Applesauce
Apple Pie
Carrots
Onions

Cranberry Sauce
Drumsticks
Cool whip
Turnips
Turkey

Cauliflower
White cake
Eggplant
Grapes
Peas