

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Habits

U L P S R U O H T H G I E Z R G H V I I K G A O  
I E U U V C S U E D H B M K O R T G T Z O N H X  
B O F O T U G A H L B T C X H T E E T U W M Q W  
R K S H P A O S K I U E L V A W P F D U I R T R  
E H H J H Z P F F N B F C E U N A T H A N M Y L  
A L O I Z L Y Y T L C A L G J Y K H F T E I F U  
K Z W F D L W D Y X Z G E Y N Q Y T T G U Y N N  
F J E Y X E L A S Q X Z A U D F Q L I I U I S G  
A D R S Y G N H Z K V O N A H O Y A U A E C K S  
S N K E H K I C A K Z Y F U O M P E R G S J N E  
T B D Q J K V N Z H O E O I U P Y H F U I V F Z  
Z J R E J G M U X R U Q O E V I I H F F C K D P  
G Q X T D N N L M O V D D B Z T I Q P O R Q H E  
C A A U P I A E P M U S C L E S G N J O E T Q P  
Z T G W F N V E E G J Q W E E D Z H T D X N V S  
R A H T P N Y E J E N N I F E R L G W S E A Q M  
I N E D Y U C K O M Z O B U V G O I O M S R C D  
C D A V L R B B R J E B O Y G V Z I U F I O P X  
H D R S E O X Y M U A N T O I N E E I I D D M T  
A W T D Y E I D I J J I P S B L N J H T D O O N  
R P F D X B M H S S X B Q H Y P C L I Q W E C D  
D N A E O H E I M N G E Z K P I G T U Q J D Y F  
E F W P A W T F M I Z T T O W U R U R L S E L D  
C D H E A O V R F P E E L S H N I U W K F A E E

eight hours	Clean food	deodorant	Breakfast	Jennifer
exercise	Muscles	Antoine	Richard	running
Nathan	shower	Health	lungs	heart
teeth	sleep	fruit	Lunch	Foods
Alex	soap			