

Name: _____

Date: _____

Healthy Food

Q I H Z C S E L B A T E G E V V M
R T H N E K C I H C Y N O S X E L
I T I O B P P S G R A I N S A E W
H O D O C I O D M R V D E T H G D
B U Z Z G T G T W O K B L T P G A
W H C A N I P S A L O Q J F Q S I
F Q Y W C U K T V T U R S K E B R
J I T F H K U T I N O E H H T C Y
K R S E S E E H C U R E C S J M K
X P B H O B L S B A R A S T U O O
T W Q O A S S W B A E F O Y P M J
T C G Q G N Q E E P N V M H B L H
W T C O C A B E M E A A Y R E W W
U G R A P E S T M I K S N I S Q O
P N H T L B S S I Q Y P T A P G T
M P Y T J J O Y L K M D P A S P J
S R A B R E A D K I Z T G O M H B

vegetables

mushrooms

potatoes

peaches

bananas

spinach

chicken

grapes

cheese

grains

sweets

beans

bread

pasta

dairy

fruit

milk

eggs

fish

meat