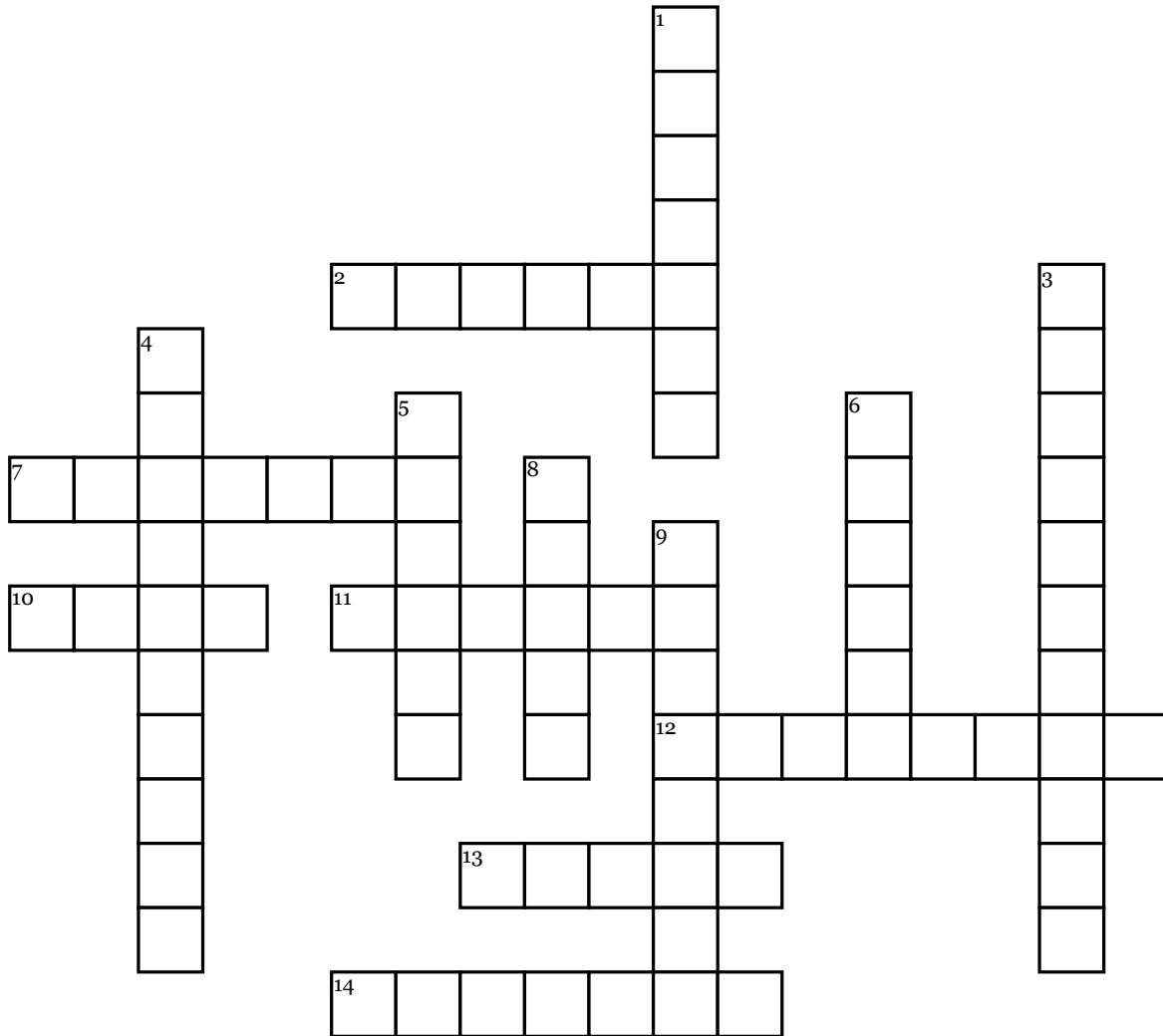


Healthy Food



Across

- 2.** Monkeys love them
- 7.** It's a green leaf used in salads and hamburgers
- 10.** This vegetable has ears (think of cob)
- 11.** Some are used to make hot sauce. Some aren't hot at all
- 12.** A palm tree grows these
- 13.** You often cry when you cut this

- 14.** You make a Jack-o'-Lantern with this type of squash

Down

- 1.** "Popeye the Sailor" ate this
- 3.** The opposite of a sour potato
- 4.** Bring this along to stay hydrated! It's made up of 92% water
- 5.** It's a high-fiber, stringy stalk used in soups and salads
- 6.** You can bake, mash or fry it
- 8.** There are over 7,000 varieties of this fruit, which is also high in fiber
- 9.** You can eat the stalk and flower heads of this "tree-like" vegetable, which is high in Vitamin C