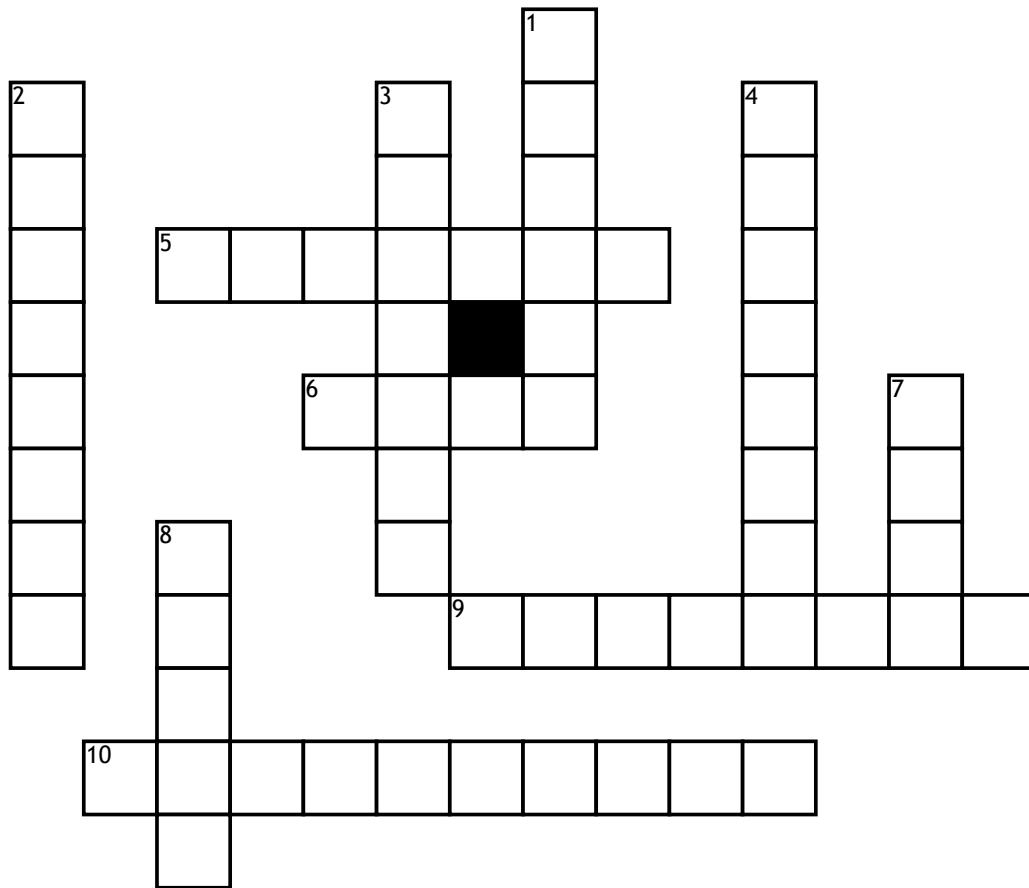


Healthy Eating



Across

5. it is found in green leafy vegetables
6. the correct amount of fruit and vegetable portions one should have every day
9. recommended daily amount is one hour
10. good eaten raw

Down

1. all around you when outside
2. bad for your body
3. exercise sitting down
4. found in oranges
7. good company when exercising
8. H2O

Word Bank

nature vegetables cycling water exercise
dogs calcium five vitamin c fast food