

Name: _____

Date: _____

Healthy Eating

E S O T C A L Z D E X T R A N O X
L Z W Y H Y P L G I Q D S M N G G
G J U E U E U T O P U R Y S C R S
C E W J B H T R E J R A Y M T V O
T Y S G G G Y E H B P N H Q C K R
I S R A M Z D A D D U Z E A J U G
A U E J T G C C Q V S S R M R S H
B P T H N A K L V F O A P R X M U
M Q S E V W I E Q R M E X R U A M
S I A N M E M D C E C I K Y K L G
K K C A S I Z U L B U C B Z J T R
W Z W C N P S N V G I I F V E O D
S H Q S E S S A L O M N L B U S F
P E S O T C U R F B P G P E X E K
T X E S E B F Z X G S V L P Q Y A
M B Z N O D T Q D Y E N O H R V J
C H K O L J N K A A S N R Y E W A

molasses fructose sucrose lactose
sorghum diastase dextran maltose
treacle caramel caster icing
honey syrup cane