

Name: _____

Date: _____

Healthy Eating - Grade 5

J E Q K R Z M G Y Q E Y B P C W S H Z O R M Y H
F E W K L O R E T S E L O H C D H P F H A Q S S
W T H C P M S X Q R G Y B U C C S Y E U F S E D
R I L A F T P X W E V J C U I P P T I G M I A A
B K I B P T L F Q W S J Y A K J A L S Q R E I L
D O O L E R X Q O F A C T S L L V C Q O T N X P
M U E P W Y U L X Q X G F K O C R E L Z O D Y R
D V P X I P D A X T C P G F J Z I A V N P O U M
F G S X D X N D P Y A I K T D H C U B V R R B R
C A R B O H Y D R A T E X M C G T D M X O S O W
Y V Y Q O O X T N E M E C A L P Q R M C D E X H
F G R T O N N K G E X H A P C E H D E T U M R P
N Q I E H I O R S P B Q U F R K K L G S C E V M
L N X R M N A R F B M F I U E O E O A B T N D C
J X O A O F T S I X Q J D A N B T E R S I T Z F
F S T I A J H L L I V W A G R C C E W U W N R A
G I A X T U C U L G F S D I O K L K I S X A I T
V Q T G F I A I R V X D T V G B Q Q G N G M O E
F I D I O R R X Z K Y Y R T A N U T G U P U J Q
J A M W W Q E T D O B I V O I J R P S R U I D S
M G P K R Z H J U T D E T A R U T A S I I D I M
W K F R T T L Z E N K Y A S V U J P S Y V O V Z
N L T E B W Q J R P P A D I W C P I H S K S A N
L U Z X A K X Y B Y Q Z Q Z K U V P J Y B D O U

carbohydrate

endorsement

cholesterol

celebrity

placement

nutrition

saturated

calories

product

calcium

vitamin

protein

folate

sodium

facts

sugar

iron

fat