

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Eating Wordsearch

A W S W F B T Q V S R Y H O N B Y O X A U I X R  
W U E Y S F D R X D E M M I K S I M E S J E U A  
C Y N T L I W Z C W R J W S A B Q B S L S R Y K  
A R I V H I A B S X C O C H U S Y M E A K S W O  
B I D O Y S T A C G B C H G I A H T T L T X E A  
B Z R L Q W E O Z E M J G I I L A V T E S S U M  
A F A I E J R I T B J A K G V M F W E T U L A M  
G C S P R W K G Q Q A E S X U O E B G G K D H P  
E Y L U K G P S T H Y T K I Y N V J R E B H V E  
P A Q U X I S W Q S D E U G Y Q G O U E L A H J  
C E W B G H Z T H S W M P N E N O I O M O D L U  
A K N H I K H Q E E K V K S A O C R C M X Y D Z  
U A Z O F B O Z E R L X A A J B U A A S S C I L  
L Q I H S Z M V Z C S G T L R R T D J N E A E K  
I B Q H N O N V H R O U I A H P A O F D G K T Y  
F C R M N R C O X E R K G D B N B W M H K E A C  
L R N M E V W A U T W W T A L E O X L A X I S K  
O B R P K Y F W H A T X N P R D R T J C T Z K L  
W L Z A C A F B Z W Z A C N Z A Y C A R R O T S  
E B C U I P W B M B N E M K E O P E T Q C D E B  
R S L V H E H K Q A N M P I G R V S R E R K L S  
Q B A J C I N C S J K A E U U C L F A W W E W O  
E Q T P D B R O X Q Y V R K E L M R Z E H Z K X  
O F M L G P Z J Z M A T Q Z V P B K C M S B M V

cauliflower  
asparagus  
oranges  
salmon  
salad

semiskimmed  
sardines  
bananas  
yogurt  
diet

watercress  
tomatoes  
chicken  
water  
tuna

courgettes  
carrots  
cabbage  
pasta