

Name: _____

Date: _____

Healthy Eating Choices

O K F J Z P B G X R H M L L C G D
R M B O Q D Q Z H E T O T P H B R
A Q L C W H I C R B K O F J E J K
N K U H V S S Q U M X R S E N Z N
G T E I K Z X I N U R H F K J D Y
E F B C L Z V I F C E S N J A X O
D D E K I W K O Y U X U R T E P D
Q F R E M P H D B C X M T N M F A
V H R N M O S T R A W B E R R Y C
Y H Y U P Y U F H P N C X Y S R O
L R P E C U T T E L A A C T E P V
B E R O Z J B D X R B K N B P O A
U L D E W V N Y R D B I M A A T N
D P H Z H P B O W A A E O H R A M
O P P T W C T I P R T E A H G T C
W A T E R M E L O N Q R R N T O M
J I W T O M A T O T H E V B F F O

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|------------|------------|-----------|----------|----------|
| Strawberry | Watermelon | Blueberry | Cucumber | Mushroom |
| Avocado | Chicken | Lettuce | Pumpkin | Banana |
| Carrot | Cherry | Orange | Potato | Tomato |
| Apple | Bread | Grape | Bean | Beef |
| Fish | Milk | | | |