

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Eating

C V B P H H W E P D R G T C I U U  
W K Y W S E B B C J Q S R A G U S  
N O L K L E W V O K K C W O B P C  
K U M N M L L B M Q G M I Y R C I  
C J T K J P E B J W S U B Q A Z N  
C Q Z R P S V Q A A E K K S I N A  
A Y E O I H J W U T T S C Y Z K G  
R I O T S T B S H E E F K A S O R  
B W Y H T M I U W R B G S X D K O  
O U M I L B H O U W A N E Z E V E  
H K A B N I J D N C I S R V X D T  
Y D F X O G S T H M D T I U R F F  
D G T P D S W D A P F P Y K A S D  
R O O C R C O T D A A O S T S U E  
A Q L Q J R I V P S T V K U G S Y  
T I M J P V L M M R S E P U P L E  
E M P G N I T A E Y H T L A E H U

Healthy Eating  
nutrition  
obesity  
fruit

carbohydrate  
vitamins  
organic  
Sugar

vegetables  
diabetes  
water  
fats