

Name: _____

Date: _____

Healthy Eating

O B R Q I K H O N U Y Q R R N C J A U N S M V L
H B A N A N A F E Y B N I E H M Z B T Z O M E A
U B N O Z O R Z C K P X I W Z C P D X I Q A E X
S V Q X Z U U A V C C T M O J K I E E G A W K O
E O L A I C X I Q Q N E I L M Q L F N Y V X A H
M X Y T K B E K F W T D G F A Q S J A G W I Q C
Y L I F W D M A J C U N Y I M A A N J D P D Z N
I J K S B B V J Q Y U N A L V R Z Q S L Y Q B G
X O C K E R D V O I B C R U F X P X T C I U L B
N L H M J P B W J R Z L H A D O P M N P L E M Q
C A Q R R L A D G G T Y O C C E E N O M X X K N
X F D M Z Y A R T O S E L B A T E G E V Y E R B
P E A S T F E E G K L S T U N I D G Z K S O P O
I Z D J W S S G R W U G K P R H X N S E V I S T
J S T U A B P K C E H L O W A T E R M J M C F C
N O L E M R E T A W C T G N Z F B Y U R A E I Q
A C G X A F O E H S I F F X L B Z F U U Z X X K
P P V Z D S T N J X V P O M W K A F B G G X E W
P U L F B X G K J M F O E U M E E H A X L K P Y
L M T L X A Q A W J J P M Q G I K P B Q Q C S P
E P Z F F H T X R M O K E N A X O F G K P M C S
S K D Q I E O K X H H O A S F A K N G G N J R D
U I U N N L Z W W X T R P N F O Y G F E T H O T
U N N C E T A E M C O B Z X O S R V L L D M J Z

cauliflower
pumpkin
banana
fruit
fish

watermelon
grapes
cereal
water
meat

vegetables
orange
apples
peas
nuts