

Healthy Choices

P S T R A W B E R R Y H C C V F S
Z F C I B E L P P A S A M S C L E
N X S P X R K P J I L Q V A V X H
S W R B L E B C C O Q E B C W Z C
E Y N X L R L C R S Z B E K Z U A
J O E S Q U E I A D A H V U G I E
K S K N R O E L W G L S Q S E R P
A N C H W S A B E V V I I T Y O B
W X I Q Y D G A E K X F F J X A R
Y L H J S A S P A R A G U S S K O
Z S C U S P E A R S R W E D Q E C
L D U J K P U A F B N I N K L M C
W N O L E M R E T A W O E E K A O
H O D A C O V A T Q M B B S F L L
E M Y Y A D O B P L U I P L M Y I
E G N A R O C X A Q G R A P E S L
P N S C A N T A L O U P E P Y C Y

Blueberries
Asparagus
Avocado
Grapes
Pears

Cantaloupe
Broccoli
Cabbage
Orange
Fish

Strawberry
Calories
Chicken
Salads

Watermelon
Almonds
Peaches
Apple