

Name: _____

Date: _____

Health

C P S G Y V G J E T F M H I X C D
U I C C O I S Y Z I Z X Z I N C Z
Z D K W H T O T B A J J A Y W B N
Z S K D E A D R B M P E F I G Q S
H Y L C A M E L J S K U P S L C L
X V V Z L I Y Q A I U S V P O Z A
F F W T T N F U F R E X C W L F R
A I V W H S M W S L Z T K N O Y E
G S A R H U A U B E I C U C G X N
D M Q W I E B A W U S R K N Z P I
P O H C O A T T R Z P B P I Z P M
R V L K R E S F M V T V P E H F L
O A Z D G G F L S J Q D F T D T S
C I N E I Z U J X M G T Y O V N G
N L V N O E A S N D E E N R Z G U
J H X R E S T M H B C D A P Q D M
M N M V N E P I O A R R E T A W H

Vegetables

Calcium

Fibre

Diet

Minerals

Protein

Water

Zinc

Vitamins

Health

Fruit