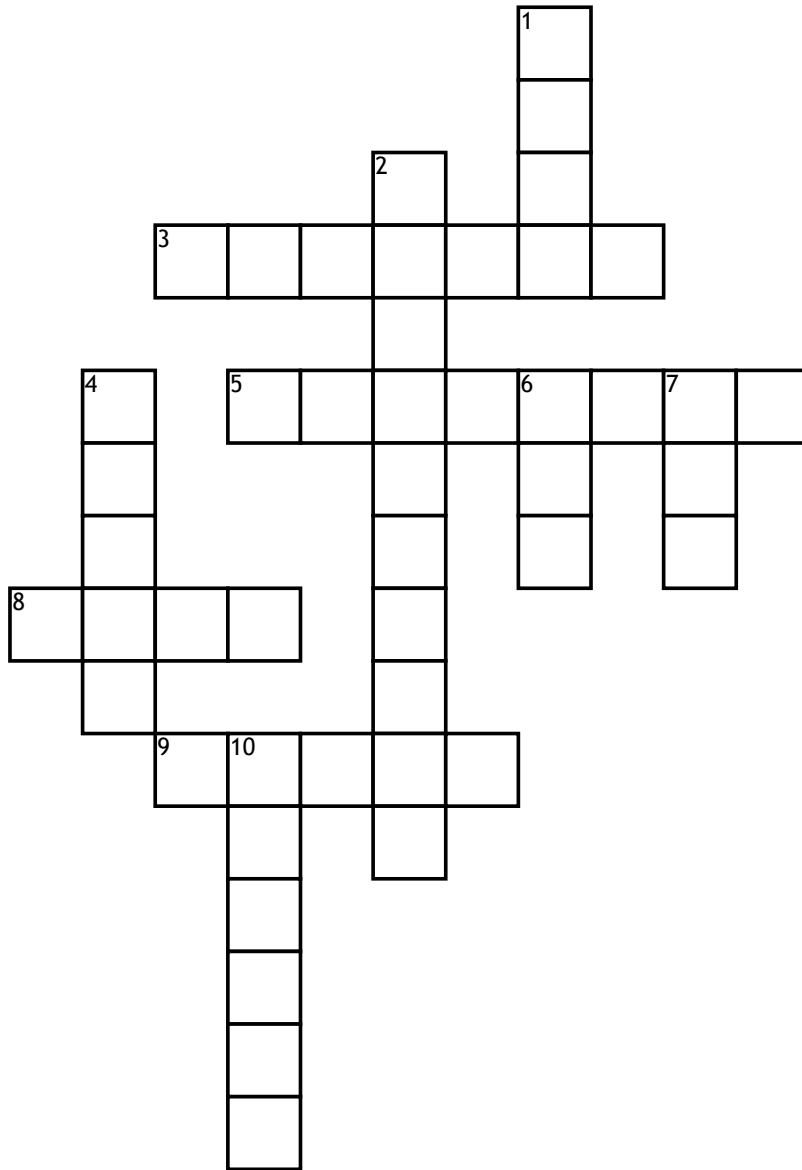


Health and wellbeing



Across

- 3. We need these to hang out with
- 5. This keeps our body fit
- 8. We drink this for strong bones
- 9. We get this from the tap

Down

- 1. We all need to eat this

- 2. Some of our 5 a day
- 4. We need to exercise this as well as our body
- 6. This fish is good to eat
- 7. We need this to shine on our skin
- 10. Crisp and juicy, they grow in orchards