

Health and Wellness!

T R I E C A E P W V C F B K E U I
X Q U Y X E N Y T X F H K V A F B
M J E I O I J R C W E X X B T H G
M E X U H L H E A L T H O G V M I
U M E S Y D E T U G B U T V M U M
A O R Q T B A F S S K A N P V Z B
X T C C I T I U R F B O L I O I W
Y I I A L I L I A X I V V A G S V
C O S L I N S M E T Q J Y V N L E
X N E M B N Z U A V T Z S N Y C G
X S B R A D R C A X Q M X N C F E
Z R R T T N U I S T R E N G T H T
D E A O S D P D H Z W B M G Z O A
C E I P E Q K M F A S G J D X I B
I S N U Z I T I N S P I R E F T L
X I A L E J Z T H E J P D J D Y E
T N R E L D P Y X R I K Y P L X S

Vegetables	education	stability	strength
emotions	exercise	inspire	balance
Health	peace	Happy	Brain
Fruit	calm	eat	