

Health and Wellbeing

O A A N D A H C T E R T S M E T H X W Y P D N Q
E V W G I D P L G K D I G Y H S O E K E N C W G
O B L S E U G A E L L O C T C E P S E R B S M G
M K E X H Y J U Q N S T B P E G M W P G Z D V C
W P U U O T Y N N I N G F G P U E T E M J C R M
A I B Q I N Z N M P A K A V K T R I I J R Z T Q
V O Z G Y F H H F Y Q R T N N O I T C A E K A T
Y G W Y M K W S O E B H Q I C Q F K Q J B T T W
P O S I T I V I T Y I N T H E W O R K P L A C E
O L P J B I T Z O O S T J D C W K K O C T A U N
V B N S V N Y G J S V G L C W A T Y A C P Q Q V
T T Z A N T T Z F L A O X V N U B C K O K O I Z
R X O L E E Q Q E Q B B F Y J B A I X H A H L J
H D U Y E R T Z Z S L I C T M C B S S P F T B M
D F D E I V Y J E C W F A B O F E C F W G N U Q
H H E Z T E R R S R W D H L N R T R V N O I N E
H Q J A O N V X A G S J E B N U W P S P Z T H O
A T C G P E C I N F O R M O T H E R S R E D S F
V A P N F U I P K W T S R E H T O D N E M M O C
C B U I Z L B O I Z Z N X H J T V F C S J O J I
P Q R J E H T X X L T Q G R X T H W S B J R K M
J S L J X I K V L Y U S X P B F Q T B S U E U Y
T L N T N E M N O R I V N E S S E S S A X P J L
T S Y L E F P R H S U H N O I T N E V E R P U V

Positivity in the Workplace

Respect Colleagues

Assess environment

Commend Others

Observe First

Inform Others

Take Action

Prevention

Intervene

Stretch

WHMIS

WSIB