

Name: _____ Date: _____ Period: _____

Health and Wellbeing Word Find

S P I R I T U A L K M V A H W M C F N D B E R Q
V Q K V S G U P I K G W K V B E J E W V D M E H
V J E E F K N D A C C U C V E N K Y P Q M O S C
O D Q W O G E G U Q C I Y Y L T R M R Y E T I A
F X F D M W X E R X P O M R O A E E S H M I L P
P W K M O V E M E N T R P K N L S N I A O O I A
Z G E O B W E L L B E I N G G N P E B H T N E B
V Y G F C O N N E C T I O N I F E R Q Z I A N L
A N F I I J X O G G U A Q L N C C G V Z O L T E
L U L E Q U I L I B R I U M G F T Y Q U N O H A
U V M X B S J F S O X K X N E X P R E S S I O N
E B H G V I B Q P O S I T I V E S S V U R R S U
S H C O N F L I C T R E S O L U T I O N K P L M
E I U D E N G A G E D I X M Z M B Q L Q O S V S
H B E L I E F S O V A S O C I A L T E D U E E R
B A C O N F I D E N C E R J E K K R M P D N W G
U P H Y S I C A L M M E M P A T H Y L I N I D C
H T C O M M U N I C A T I O N G T Q P Q K S A R
L Y R R E L A T I O N S H I P S I X J E M F X U
P S B A L L X M P S H A P P Y B N Z J H O X N X
G K T U S C C L L J K X U O Q C T H O U G H T S
W B D M P S E L F E S T E E M Y D G T R T N I V
Z F U N C T I O N I N G B O D Y S Y S T E M S I
P H Y S I C A L C A P A C I T Y U Y N F A S C L

functioning body systems
relationships
connection
resilient
movement
beliefs
respect
values

conflict resolution
equilibrium
expression
spiritual
physical
capable
energy
happy

physical capacity
self esteem
belonging
wellbeing
positive
empathy
mental

communication
confidence
emotional
emotions
thoughts
engaged
social