

Name: _____

Date: _____

Health and Nutrition Word Search

R F R M G C W G F R L M L C K L U Q P V J C K O
 J I T F N M W F R O T I J B O L C M H S G O P N
 K Q B A I D B Y U V O N Q F S M A A Y E E W T H
 G T Z Z T M I V I W K E A A A J R U S I N G J Q
 M E B H A W F E T B V R H K Z H B H I U E D F W
 N L Z H E R E G N U H A Y N H X O C C H R A I B
 L B H F E P D X D D T L L O P O H M A J G I T W
 K A A E G H X Z S Q S S P I S E Y U L I Y R B V
 O T N I N E U X J Q L J R S E B D N A D S Y O X
 V E O O I A K A H V R F N S B R R R C H M N D H
 E G R S B L W X A K T V U E J B A A T M U W Y Y
 R E E X U T N B T W A T E R S U T Q I J W W M D
 W V X R F H B M N N N O T P M L E F V S H E A R
 E D I E G O Y Z Y V O I I E J I S C I L T Q S A
 I U A B K S O P N P D I E D A M S C T G E V S T
 G M E I O G Q D G X L X T T B I L G Y Z I M I I
 H V I F O B E S E C M A F S O A B A L T F M N O
 T D E H Y D R A T I O N T G E R B G A L N H D N
 N L T S U A Z U Q I D A L E R G P M N I P A E K
 B B R J C Q N D R V E U F K I A I I I T S J X F
 H X V M S I L O B A T E M R H N I D J U J Y K V
 I H U U J T N C B X F N S I S O J N G O Y S R X
 S R S E I R O L A C P C U E J L F A S E K C V U
 R I D F N F D W E L L N E S S V R A I Y Z N T I

- Physical Activity
- Body Mass Index
- Carbohydrates
- Binge Eating
- Dehydration
- Over Weight
- Depression
- Metabolism
- Hydration
- Digestion
- Vegetable
- Wellness
- Anorexia
- Vitamins
- Minerals
- Calories
- Bulimia
- Myplate
- Protein
- Hunger
- Health
- Grains
- Energy
- Obese
- Fiber
- Sugar
- Dairy
- Water
- Fruit
- Food

