

Name: _____

Date: _____

Period: _____

Health Maintenance

S X Y M Z Y M L E A N R V A V U Q E H S M R K O
A N F I L G E W T Q J W Z E U F J V R G X C T D
I Z C M Z J O C R L V G V B E O I C E F M I Y R
U R H C A E N P A P E E L S Q P K V O A G P E Z
S Y P O C S O N O L O C K E Q R I W N T X T T P
G C L F N A K U T N B S P U P T X Z V S I O G E
N V D M T F G V C Q O G W T A O W B J I S H Y S
R P V E K O R T S V Q E I M T P J J J B A T Q X
K S F U I N M F G Q K N I L H R S S B Z Y C Y R
E C D E N T I S T D T N P C C J Q K H Y C Q S P
M A A L P S I N Z V S U U S P O S J F U H U V H
V H R N U H F P F A Y A N S Y Z C R A O B U O F
S M H J C W I C M M Z Z Q A T F E M K L U L V F
O W U U D E Y D N A Z W Q L A N R C E E I M L F
Z D X E R A R K W S M R Z W D E E X Y S W L C V
B G A D B D A T A K G M N E R N U I T N L L Y A
S T F K W M A N P E Q F O S Y E N I R B S N X Y
U E H F Q Y I N X I A Q L G F K C M N T V D I K
O D Z V W X D E R R H Z F J R H O Q Z H U K N T
O Q Z F V V R T I E Q Q K K E A D A N R L N V N
Q I N V G C J G I C V G I A Y G M K V T I L K W
Y U G L I P S B H P N B L U D Z F S A T V D B N
O W O S E O M I O B D T F H T L A E H D O O G Q
R K E U K M F Y B R H P T Q S I J F B X S H P G

HOLISTIC HEALTH

SLEEP APNEA

GOOD HEALTH

COLONOSCOPY

MAMMOGRAMS

NUTRIENTS

VITAMINS

EXERCISE

DENTIST

STROKE

CANCER

FATS