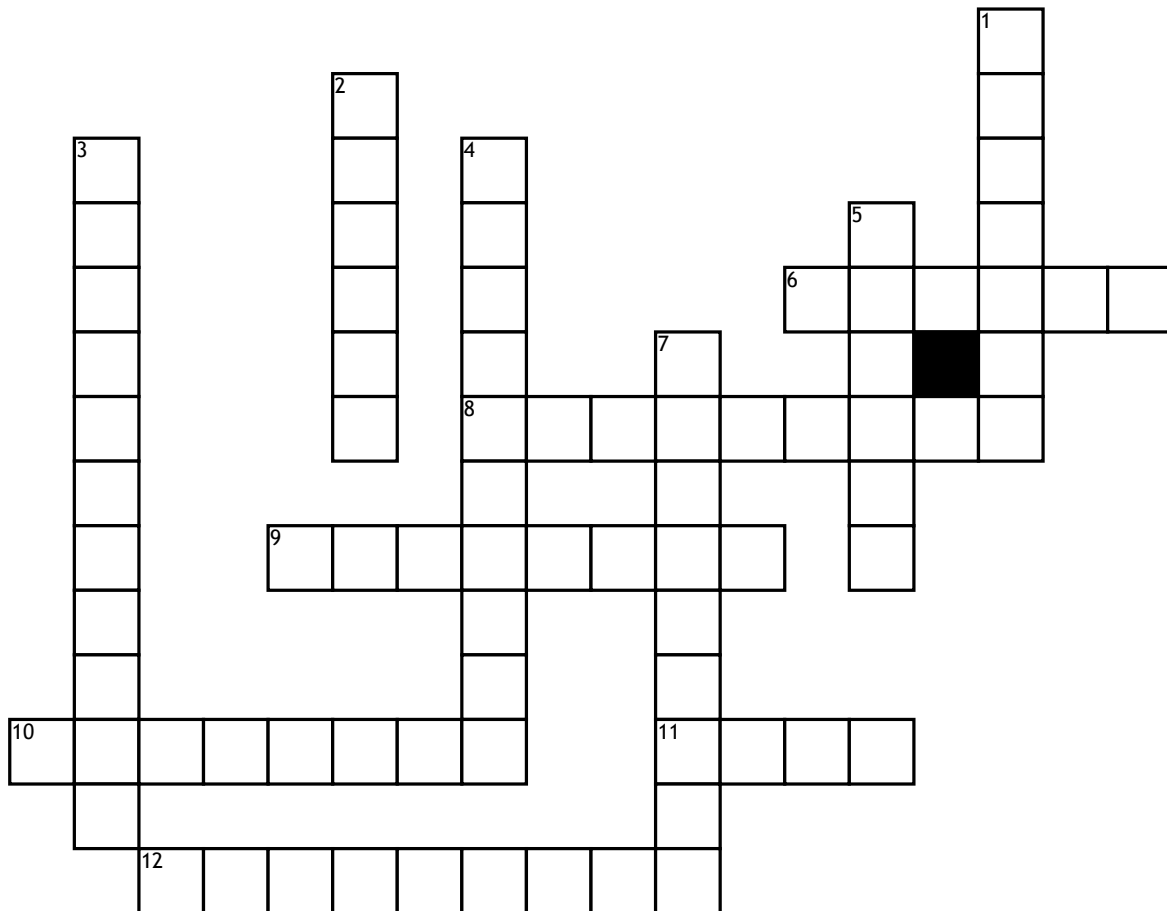


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Health Crossword



## Across

- 6. one of the seven most important minerals for your body
- 8. What lowers blood pressure
- 9. one of the seven most important minerals for your body
- 10. What are the nutrients from rocks and soil called?

- 11. What is needed for healthy red blood cells
- 12. one of the seven most important minerals for your body

## Down

- 1. one of the seven most important minerals for your body
- 2. one of the seven most important minerals for your body

- 3. what is the process of maintaining a steady state inside of your body
- 4. one of the seven most important minerals for your body
- 5. What helps maintain heart function, and water level
- 7. one of the seven most important minerals for your body