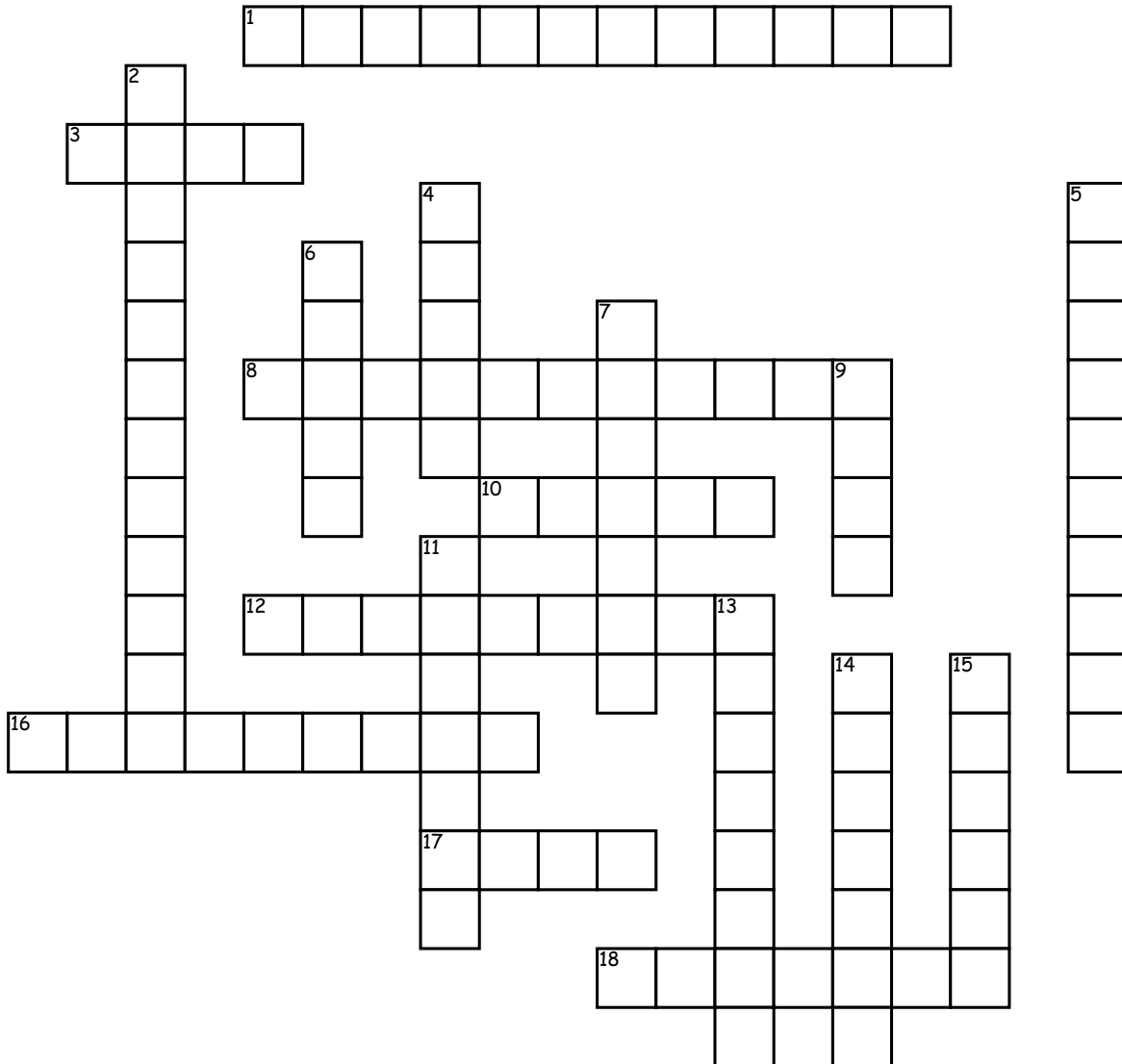


Name: _____

Health Crossword



Across

1. A large group of living composite in foods and common living cells.
3. A natural material in animal bodies that is oil or grease, mostly when released under the skin or specific organisms.
8. Fats with increasing amounts of fat/oil acid particles with at least one chemical bond, supposably health in diets.
10. A liquid that contains H₂O and a colorless smellless fluid that forms seas, lakes, ocean.
12. A chemical element, helps body maintain water, and a mineral found in bananas
16. A procedure of supplying the necessary food for people's health.
17. Helps cells hold oxygen

18. A mineral found in milk, or a type of chemical element.

Down

2. A type of fat with fat acids, solid form in room temperature, commonly from mainly animal products.
4. A sweet carbohydrate in common living cells or kind of matter from multiple plants: sugar cone and sugar beets.
5. Adding on additional element or amount to something that finishes or helps another thing else when added.
6. A material relating to diets that contains a matter which is immune to the performance of that helps to digest the foods eaten.
7. A nutrient in meat, milk, eggs, and beans or a food plant group part of a diet.
9. A certain food group or eating style to change a person's body and health.
11. Mainly used to measure the amount of food or 2 units of heat energy.
13. A solid non-living material of natural existence.
14. A variety of organic compounds that is important and is necessary in miniature qaulities in the diet.
15. Necessary to the body though out salt